















Ine LMK System	 3
▶ Main Features	 4
Strands	 5
Sheaths	 8
Anchorages	 14
Stressing	 38
▶ Grouting	 41
Design Requirements	 44
► LMK Solutions	47

Contents





LMK System

In Brief

The **LMK** Post Tensioning system has been designed and developed by Engineers of various disciplines with long-standing activity and experience in construction and project management, meeting the requirements of complex PT projects by providing know-how, quality and application consistency.

Its vision has always been focused on applying new technologies contributing to high quality engineering with respect to safety and environmental issues.

LMK PT system responds proactively to the trends of Int'l markets having successfully accomplished numerous projects involving all types of construction methods, from simply supported beams to slabs, cantilevers, incremental launching and segmental structures, demonstrating solid experience in the PT technology.

LMK PT system offers full technical support & assistance through a team of Engineers having participated in prestigious infrastructure projects of building, road and railway industry.















Main Features

Application

LMK is a Post Tensioning system in which the tensioning force is applied after concreting or after the installation of pre-casted units, through a combination of anchorages and tendons. Adequate bond between LMK system and the structure is provided through grouting. The system can also be implemented in un-bonded (un-grouted) applications.

LMK is widely used at the construction of posttensioned concrete structures, i.e. bridges, buildings, silos, tanks and other structures for internal and external tensioning as well.

LMK can achieve economic benefits by applying the stressing in phases based on the design and avoiding the need of pre-stressed apparatus, giving to the Consultants/ Designers and Contractors the advantages of a simplified construction.

LMK can use a variety of tendons and steel strand sizes by using 0,5" and 0,6" wire-strand covering the majority of designs. If required, special anchorages with various capacities can be designed and manufactured, including special designs for the construction of cable supported structures.

Advantages

LMK covers Int'l specifications and guidelines such as EN - EAD - ETAG, AASHTO LRFD, F.I.B. (Federation Int'l du Beton) & PTI (Post Tensioning Institute), demonstrating the following advantages:

- Wide selection of compact anchorages with improved load distribution surfaces.
- Easy coupling with standard or enlarged steel or plastic sheaths (flat and round).
- Frontal grouting/connection arrangement.
- Light weight configuration, facilitating the handling and installation.
- Recesses of smaller dimensions.
- Lower losses and smaller tendon's deviations contributing to the economy of the design & construction.



Strands

▶ 7-wire strands

The strands are made of high tensile strength steel produced by low relaxation process, consisted of 7 steel wires (one central and six helically wrapped) having 13 mm (0.5") or 15 mm (0,6") nominal diameter and characteristics listed in Tables 1.1 & 1.2.

The strands are generally supplied already stabilized (low relaxation) and certified according to standards in testing labs (EN & ASTM). They are usually shipped in coils having the following typical dimensions:

- Outer diameter: 1,2-1,5 m

- Inner diameter: 0,7-0,8 m

- Width: 0,7-0,75 m

- Weight: 3-4 tonns









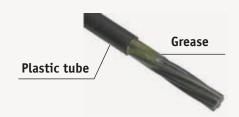




LMK can use any type of pc strand meeting the project requirements. When needed, oiled, greased or waxed/gelled strands can be applied using plastic sheath (PP or PE), i.e. in case of external post-tensioning or in unbonded applications. If required, strands can also be supplied galvanized, considering

different mechanical properties in comparison

with common strand types.



Tendons are consisted of a specific number of wire strands according to the design. The number of strands defines usually the type of anchorage (LMK typical range of production from 1 up to 37 strands).

All types of strands are following the common stress-strain diagram. The yield point of the steel is the reaching of an irreversible plastic strain of 0.1%, defined as $f_{p_0,1}$.

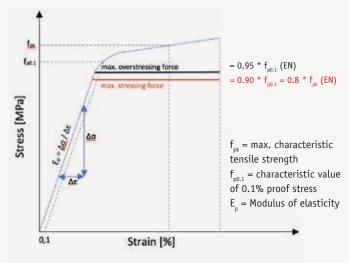


Fig.1 Strands Typical Stress-Strain Graph

416	OTS abenio		1488	ECZ		100	147	294	441	588	735	882	1029	1176	1323	1470	1617	1764	1910	2057	2204	2351	2498	2645	2922	2939	3086	3233	3380	3527	3674	3821	3968	4115	4262	4409	4556	4703	4850	4997	5144	5291	5438
ASTMA	OSS obere	(_ww/N	1380	ating as per ECZ		102	128	256	384	512	840	768	897	1025	1153	1281	1409	1537	1665	1793	1921	2049	2177	2305	2434	2562	2690	8182	2946	3074	3202	3330	3458	3586	3714	3842	3970	4099	4227	4355	4483	4611	4739
	£509WTA	max force (3476	e max force prior of se	(mp) 6'0/	XX	148	382	443	065	738	988	1033	1181	1328	1476	1624	1771	1919	3066	2214	2362	5209	2657	2804	2952	3100	3247	3395	3542	3690	3838	3885	4133	4280	4428	4576	4723	4871	8105	\$166	5314	5461
8610	ESOCETA	ength under	3404	ive max forc	lace, \$ 6,0 \ m, \$ 3,0 \ mim	5	140	281	421	295	702	842	983	1123	1264	1404	1544	1685	1825	1966	2106	2246	2387	2527	3992	2808	2948	3089	3229	3370	3510	3650	3791	3931	4072	4212	4352	4493	4633	4774	4914	5054	5195
N34E	£5098TA	Tensile str	1470,6	rago Indicat		150	137	274	410	547	684	821	958	1094	1231	1368	1505	1642	1778	1915	2052	2189	2326	2462	2599	2736	2873	3010	3146	3283	3420	3557	3694	3830	3967	4104	4241	4378	4514	4651	4788	4925	2005
	ZSOZZTA		1403,1	Ancho		NO.	131	192	392	522	653	783	914	1044	1175	1305	1436	1566	1697	1827	1958	2088	2219	2349	2480	2610	2741	2871	3002	3132	3263	3393	3524	3654	3785	3915	4046	4176	4307	6437	4568	869\$	4829
919	OCS obenio		1675		£'591	808	165	331	496	661	827	266	1157	1322	1488	1653	1818	1984	2149	2314	2480	3645	2810	2975	3141	3306	3471	3637	3802	3967	4133	4298	4463	4628	4794	4959	5124	5290	5455	5620	5786	5951	6116
ASTM.	OSS oberig		1551		1,861	NS.	144	288	432	576	121	865	1009	1153	1297	1441	1585	1729	1873	2017	2162	3306	2450	2594	2738	2882	3026	3170	3314	3458	3603	3747	3891	4035	4179	4323	4467	4611	4755	4899	5044	5188	5332
	ZS0981A	(N/mm/T	1640	N) (factor)	191	š	164	328	492	959	820	984	1148	1312	1476	1640	1804	1968	2132	3536	2460	2624	2788	2952	3116	3280	3444	3608	3772	3936	4100	4264	4428	4592	4756	4920	5084	5248	5412	5576	5740	5904	8909
138	ESOCETA	rield Strengt	1560	rouf load (X	951	70	156	312	899	624	780	936	1092	1248	1404	1560	1716	1872	2028	2184	2340	2496	2652	2808	2964	3120	3276	3432	3588	3744	3900	4056	4212	4368	4524	4680	4836	4992	5148	5304	2460	5616	5772
pr Marg	L'SO9BTA	\$	1634		रडा	2	152	304	456	809	760	912	1064	1216	1368	1520	1672	1824	3976	2128	2280	2432	2584	2736	2888	3040	3192	3344	3496	3648	3800	3952	4104	4256	4408	4560	4712	4864	5016	5168	5320	5472	5624
	LSOLLTA		1559		SPI	2	145	290	435	280	725	870	1015	1160	1305	1450	1595	1740	1885	2030	2175	2320	2465	2610	2755	2900	3045	3190	3335	3480	3625	3770	3915	4060	4205	4350	4495	4640	4785	4930	5075	5220	5365
991	OTS abeli		1860		£,681	8	184	367	155	735	616	1102	1286	1470	1653	1837	2021	2204	2388	2572	3756	2939	3123	3307	3490	3674	3858	4041	4225	4409	4593	4776	4960	5144	5327	5511	5695	5878	5909	6246	6430	5613	6797
ASTM A	052 PP415		1725	-	1,001	ě	160	320	480	840	108	196	1121	1281	1441	1601	1761	1921	2061	2241	2402	2562	2222	2882	3042	3202	3362	3522	3682	3842	4003	4163	4323	4483	4643	4803	4963	5123	5283	5443	5604	5764	5924
	£5098TA	th (N/mm³)	1360	(M) (M)	991	ě	186	372	558	744	930	1116	1302	1488	1674	1860	2046	2232	2418	2604	2790	2976	3162	3348	3534	3720	3906	4092	4278	4464	4650	4836	2052	5208	5394	5580	5766	5952	6138	6324	6510	9699	6882
32.0	ESDEETA	Tensile Strengt	1770	Ereaking Load	ш	101	177	354	531	308	882	1062	1239	1416	1593	1770	1947	2124	2301	2478	2655	2832	3009	3186	3363	3540	3717	3894	4071	4248	4425	4602	4779	4956	5133	5310	5487	5664	5841	8109	6195	6372	6249
M NJvd	250981A	ž	1860		tet	XX	173	346	519	692	865	1038	1211	1384	1557	1730	1903	2076	2249	2422	2595	2768	2941	3114	3287	3460	3633	3806	3979	4152	4325	4498	4671	4844	5017	5190	5363	5536	8709	2885	9009	8228	6401
	ESOLETA		1770		102	6	165	330	495	099	825	066	1155	1320	1485	1650	1815	1980	2145	2310	2475	2640	2805	2970	3135	3300	3465	3630	3795	3960	4125	4290	4455	4620	4785	4950	5115	5280	5445	5610	5775	5940	6105
	w/9x		51	۷'0		in/ai	0,775	1,550	2,325	3,100	3,875	4,650	5,425	6,200	6,975	7,750	8,525	9,300	10,075	10,850	11,625	12,400	13,175	13,950	14,725	15,500	16,275	17,050	17,825	18,600	19,375	20,150	20,925	21,700	22,475	23,250	24,025	24,800	25,575	26,350	27,125	27,900	28,675
MIN	OTS above	,	12,7	7.88		1	66	197	596	395	494	265	169		888	786	1086	1184	1283	1382	1481	1579	1678	1777	1875	1974	2073	2171		-	-	-	2665	2764		2961	3060	3158	3257	3356		3553	3652
ASTM.	w/7 ₈	Ī	O.E.	z'0	2	m/m	0,730	1,460	2,190	2,920	3,650	4,380	5,110	5,840	6,570	7,300	8,030	8,760	9,490	10,220	10,950	11,680	12,410	13,140	13,870	14,600	15,330	16,060	16,790	17,520	18,250	18,980	19,710	20,440	21,170	21,900	22,630	23,360	24,090	24,820	25,550	26,280	27,010
Ī	osz eper	,	12.7	6'26	13mm (0	'n	93	186	279	372	465	252		743	836	626	1022	1115	1208	1301	1394	1486	1579	1672	1765	1858	-	2044	-	-	-	-	2508	2601	2694	2787	2880	2973	3066	3159	-		3437
	w/7g		1H	2'0	5TRAND DATA - 13mm (0,5")	₩e/m	0,781	1,562	2,343	3,124	3,905	4,685	5,467	6,248	7,029	7,810	165'8	9,372	10,153	10,934	11,715	12,496	13,277	14,058	14,839	15,620	_		-	-	-	-	-			23,430	24,211	24,992	25,773	26,554		28,116	28,897
9110	2500EEA		12.9	001	STRAN	·mm.	100	300	300	400	+	7.1	700	800	006	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	\neg		-	-	2700	2800	2900	3000	3100	3200	3300	3400		0.1	3700
E N3 ad	w/9x		92	2'0		E/E/E	0,726	1,452	2,178	2,904	3,630	4,356	5,082	2,808	6,534	7,260	7,986	8,712	9,438	10,164	10,890	11,616	12,342	13,068	13,794	14,520	15,246	15,972	16,698	17,424	18,150	18,876	19,602	20,328	21,054	21,780	22,506	23,232	23,958	24,684	25,410	26,136	26,862
	25098TA 25022TA		12.5	8		-	66	186	279	372	465	558	651	744	837	930	1023	1116	1209	1302	1395	1488	1581	1674	1767	1860	1953	2046		_			2511	2604	2697	2790	2883	2976	3069	3162	_		3441
	(0,57) M13		d (mm)	(mm) v	Strands /	Neos	1	2	e	4	2	9	4	80	6	10	=======================================	12	13	14	15	16	13	18	13	20	21	22	23	54	52	36	23	58	59	30	31	32	33	34	32	36	37

Table 1.2 - Strands Data

911	042		rens	(503)		701	223	446	0/9	1 1 1 1 1					2232	2455	2678	2902	3125						4464	4010	5134	5357	5580	5803	6026	6250			6919				8035	
STM MISS	aband	(jumin)	Bust	Morge		ā	502	417	979	1043	1251		1668		2086		2503							3963	41/1	45.88	4797	5005	5214	5423					6465		6882	7300		
*	250 Grade	(N)	OMET	at lot as	7	2	192	384	9/9	-	1153		1537	1729			2306	2498	3100 2690	3321 2882	3075	3267	3985 3459	3651	4428 3843	4871 4338	4420	4612	4804	4996			5573	6642 5765	6863 5957	7085 6149	6341	6533		8192 7110
	ATREOSTA	nax for	944£	Se Bill),9 f _{p0,1}	ER	221	443	200	0.00	1328	1550	1771				2657	2878	3100	3321	3542				46.40			5314	5535		5978	6199				7085	7306	73.40	7970	8192
	ZSOZZTA	nder n	TVON	nas for	Les, 0, 8 fpt / 0,9 fpt, 13	ž	211	421	952	0018-002		1474	1685	1895	2106		2527	2738	2948		3370	3580			4433	4316 4534 4633	4844	5054	5265	5476	3686	2897	6107	6318	6259	6739	6950	7374	7582	7259 7626 7792
10138	ATREOSTA	ngth u	2495	H and	1(0) un	152	506	412	618	1031		1443	1649	1855		2267	2473	2679	2885	3092	3298	3504	3710	3916	4122	4534	4740	4946	\$153	5359	5565	5771	265	6183	6389	6595	1089	7007	7420	7626
prim	ESOLLTA	lle stre	TOOT	į	•	ž	196	392	687		1.7	1373	1570					2551	2747	2943			3832	3728	3924			4709	4905	5101	5297				5082				7063	7259
	25098TA	Tenns	9241	ì		NA.	202	-	616	-	1231	1436						2668	2873				3694	3899	4300			4925	\$130	5335	5540							7103		7592
	LSOLETA		66ET	Ame		ž	194	389	200	972	1166	1361	1555	1750	1944	2138	2333	2527	2722	2916	3110	3305	3499	3694	3888	4777	4471	4666	4860	5054	5249	5443	5638	5832	6026	6221	6415	6610	6998	7193
91	0/2		9491		152	763	251	503	A S	1257	1508	1760	2011	2263	2514	59/2	3017	3268	3520	3771	4022	4574	4525	4777	5028	5531	5782	9609	6285	6536	6788	7039	7291	7542	7793	8045	8296	8548	0000	9302
ASTM A41	oberd		9491	1	SEZ	ĕ	235	469	9 9	_			1877	2111	2346	2581		3050	3284		3754	3888	4223	4457	4692		5396	5630	5865	6100	6334	6959	6803	7038	7273				8446	
ASI	opeago gearge	۰	OSST		912	5	216	432	649	-	1297		1730					2811	3027	3243					4324	475.6	4973	5189	5405	5621	5837			6486	6702	6918	7135	7351		
	Z5098TA	M/mm	1040	Han.	546	ž	245	492	88/				1968	2214	2460	2706	2952	3198	3444		3936	4182	4428		4920	54412	5658	5904	6150	6396	6642	8889		7380	7626	7872	8118	8364	8856	9102
	LSOLLTA	ength (09ST	Ka) pe	152	×	234	468	700	1170	1404	1638	1872	2106	2340	2574	2808	3042	3276	3510	3744	3978	4212	4446	4680	STAR	5382	5616	5850	6084	6318	2559	6786	7020	7254	7488	7722		8424	8658
10138	450981A	ald Stra	9691	ol loo	550	š	522	458	/99	1145		1603		2061	2290	2519	2748	2977	3206	3435	3664	3893	4122	4351	4580	5038	5267	5496	5725	5954	6183	6412	6641	6870	7099	7328	7557	1786	8244	8473
brEN 3	<u> LSOLETA</u>	. 10	/55T		HIZ	×	218	436	200	1090	1308	1526	1744	1962	2180	2398	2616	2834	3052	3270	3488	3706	3924	4142	4360	4706	5014	5232	5450	5668	5886	6104	6322	6540	6758	6976	7194	7412	7848	8066
	ZS098TA		1640	ı	338	Ē	228	456	980	3-17-7	1368	1596		2052			2736	2964	3192					4332	4360	215		5472	5700	5928	6156	6384		6840	7068			7090		8436
	LSOLLTA		1224		516	5	216	432	3	1080	1296	1512	1728	1944	2160	2376	2592	2808	3024	3240	3456	3672	3888	4104	4530	4757	4968	5184	5400	5616	5832	6048	6264	6480	9699	6912	7128	7560	7776	7992
	120.00		099T	Vii	627	š	279	858	188	1395	1674	1953	2232	2511	2790	9069	3348	3627	3906	4185	4464	4743	2205	5301	5550	6138	6417	9699	6975	7254	7533	7812	8091	8370	8649	8928	9207	9486	10044	10323
1 4416	aberi2		00000	ł	653	š	261 2	1	797				-						3650 39	-	_	_	-	_	5214 5			6257 66	6518 66	7. 8779		100		_	_	-			9385 10	9646 10
ASTM A	052		5221	ı	240	5	240 26		127	-	1441 15		1922 20	2162 23	2402 26	2642 28	2882 31		3363 36		3843 4171	4083 44	4324 4693	4564 49	52 4804 52	5284 5735	5525 59	5765 62	6005 85	6245 67	6485 7039	6726 7300	6966 75	7206 78	7446 8082	7686 83		8167 88	8647 93	8887 96
	abend	(,ww/)	AND S	11/10	2000					-	-	-	-	_	2790 24	$\overline{}$	3348 28	$\overline{}$	3906		$\overline{}$	$\overline{}$	-	-	5580 48	-		6696 57	6975 60	7254 62	_	7812 67	_	_	8649 74	_	_	_		
	ZS098TA	leth (S	0991	(X) per	528	2	5 279							-				_	_		_	-			-	-	_				12 7533				_	-	_		5 10064	
38	LSOLLTA	e Stre	OLLE	Name of	992	3	0 265	-	200				30 2128	10 2394	00 2660	90 2926			10 3724				90 4788	2054	00 5320			10 6384	0599 00			30 7448			30 8246			9044		
EN 101	15098TA	Tensi	0991	å	097	5	8 260	100	780		88 1560				80 2600		76 3120		72 3640						90 5200			52 6240	00 6500	48 6760	96 7020				0908 88				28 9360	76 9620
Ä	ESDEETA		0441		248	2	9 248	222	744	X 14.3	54 1488	Street, St.	2	-	90 2480		2976	~	26 3472	100	-	***	20		30 4960			16 5952	75 6200	-	60	record.	_	=	29 7688	-	_	and the same	24 8928	200
	ZS098TA		0991	ı	592	NN E	246 259	34.5	738 777	1230 1295	1476 1554	1722 1813	1968 2072	2214 233	2460 2590	2706 2849	2952 3108	3198 336	3444 3626	3690 3885	3936 4144	4182 4403	4428 4662	4674 492	4920 5180	5412 5608	5658 595	5904 6216	6150 6475	6396 6734	6642 699	2521 8889	7134 7511	7380 777	7626 8029	7872 8288	8118 8547	8354 8806	861U 305	9102 958
	ESOLETA		DEET		992		2			_	-	-	ainid	and the same of	and the last			-	COLUMN TO SERVICE	1000	on the latest	-		-	- Carlot		idinia	district	LOS AND	Lines Li	-	in the second	indicate la	in A	iona A	and the	maki	- Control	ii.diin	uhun
	w/2		00	z't		146/	1,20	2,40	3,60	909	7,20	8,40	9,60	10,80	12,00	13,20	14,40	15,60	16,80	18,00	19,20	20,40	21,60	22,80	24,00		27,60	28,80	30,00	31,20		33,60	34,80	36,00	37,20	38,40	39,60	40,80	43.20	44,40
	015 ab	ലള	15,7	120		"ann	150	300	650	750	900	1050	1200	1350	1500	1650	1800	1950	2100	2250	2400	2550	2700	2850	3150	3300	3450	3600	3750	3900	4050	4200	4350	4500	4650	4800	4950	5100	5400	\$550
416	ш/2	NE I	20	t't		5	1,10	2,20	3,31	5.51	6,61	7,71	8,82	9,92	11,02	12,12	13,22	_		_				_				26,45	7.55			30,86				35,26			39.67	
ASTM A436	0/2 10	u in	15,2	140		-	140		8 5	-		-	-				1680	1820	1960 15,43	_		2380	250	2660	2800 22,04	3080 34 34	3220	3360 2	200	640	780	3920			4340			4760		
	w/9		-	0,1	1.5	E E	1,09	-	3,28	-		_	_						15,32 1		17,50 2	18,60 2	19,69 2520 19,84	20,79 2	27,88 2	24.07 3	25,16 3	26,26 3	27,35 3500 27,55	30,47 3624 28,44 3640 28,65	29,54 3780	30,63 3			33,91 4	_			39.28 5	40,48 5
			_		(0) um	-/2/		414	-	4	100	_	-																	4 28			13 31							
	de 250	eng	15	139,4	STRAND DATA - 15mm (0.6"	E	139	200	418		100	-	1115	\$ 1255	2 1394	9 1533	6 1673	4 1812	16,41 1952		5 2230	2 2370	5209	7 2649	23,44 2788	15,78 20,67	26,96 3206	28,13 3346	29.30 3485	7 362	31,64 3764	2 3903	9 4043	6 4182	36,33 4321	4461			9 5018	5158
	w/2	H	2.0	11	D DAT	Kg/m	1,17	2,34	3,52	5,86	7,03	-		_			$\overline{}$			-		\neg	_			36.70	-			_		_	_	-	_	-	-	_	42.19	
	£5098	=	15,7	953	STRAN	"Mile	150	300	650	750	006	1050	1200	1350	1500	1650	1800	1950	2100	2250	2400	2550	2700	2850	3000	3300	3450	3600	3750	3900	4050	4200	4350	4500	4650	4800	4950	5100	0095	5550
1138	w/2		16	0'1		E/9	1,09	2,19	8,28	5,47	95'9	7,65	8,74	9,84	10,93	12,02									33.06					28,42	29,51				33,88	erick.			36 35	
prEN 10138	£5098	=	15,3	097		7	140		420			-	_	_				\neg	1960		\neg	$\overline{}$		-	2800		-	3360 2	3500	3640 2	3780 2	3920	_	_	4340	_	_	_	5040	
	LS011		200			E.	-	22	-	9	100		100		-	1.0	120.1			of the last					22,72				27,15 3	28,24 3	26,32	30,41 3			33,67 4		-	200	39 10 5	C 4
	₩/ 3 £5098	200		o*1		. kg/m	9 1,09		3,25			-	-	_			$\overline{}$	$\overline{}$	_	_	$\overline{}$	$\overline{}$	_	-					_		-		$\overline{}$	_	\neg	_	_			
	25022	-	15,2			Ē	139	278	417	930	834	973	1112	1251	1390	1529	1668	1807	1946	2085	2224	2363	2502	2641	2780	3058	3197	3336	3475	3614	3753	3892	4031	4170	4309	4448	4587	4726	4805	\$143
	(0,6") M15		d (mm)	A (mm²)	itrands /	Non.		7		. 0	9	1	60	6	10	11	12	13	14	15	16	17	18	61	07	22	13	24	25	36	12	28	53	30	31	32	33	9 2	35 35	37
	4000			lor	× -				1	1														1	1	1	1	10	Ш	79	Ш	14		V		11	-		1	1

Sheaths





▶ General

Strands are threaded through ducts (round or flat) made of steel strips or high-density polyethylene (HDPE) or polypropylene (PP) extruded resin, in corrugated or smooth shape depending on the project's requirements. Ducts must be sufficiently strong and durable for fabrication, transportation, installation, concrete placement, tendon stressing and sufficient leak tight meeting Int'l standards and guidelines (EN, ASTM, FIB and PTI).

To assure a better protection of the strands from corrosion - depending on the level of protection - it is advisable to use galvanized steel ducts or plastic PE/PP ducts. The latter is essential, in cases where structures are exposed to severe corrosion environment, subjected to fatigue loading, as well as in case of electrically isolated tendons (EIT) for railway bridges offering protection against stray currents.

Steel sheaths are flexible, bright, interlocked and grout tight fabricated using the continuous cold rolling and stapling of a flat steel strip (standard steel or galvanized) in widths of about 30-60 mm.

Plastic sheaths are made of polyolefin polymers. HDPE has perfect flexibility and impact strength, handling and weldability in a wide temperature range while PP has a higher shore hardness, better wear and heat resistance. Both PP and PE allow lower and more reliable friction coefficient which is beneficial due to design requirements for longer tendons.

The ducts are normally supplied (for transportation reasons) in lengths of 5,8 m (< 20 ft) or 11,8 m (< 40 ft) and are connected by means of couplers. The coupling system has a minimum typical length of 200-250 mm having a slightly larger diameter so as to be screwed or to be push-fit or even heat-shrunk (case of plastic ducts). Butt welding technique can be also applied in plastic ducts avoiding the use of couplers.











▶ Installation

The installation of sheaths is taking place in parallel with the placement of reinforcement. Co-ordination between working staff is necessary in order to avoid installation defects and delays.

The proper installation of sheaths at the specified by the design geometry is of utmost importance. It is commonly accepted that the tendon's geometry has priority over reinforcement. The supporting points are made of stirrups located every 0.5 - 1 m as specified by the design and are wire-tight with the reinforcement forming a robust fitting, avoiding steep alignments of ducts beyond the applicable tolerances.

All couplings and connections along the sheath must be carefully tight and sealed, using a PVC tape in case of steel ducts or push to fit/heat shrink couplers and butt welding in case of plastic ducts.

When many tendons are present in a section, it is necessary to foresee adequate spacing for concrete casting and proper vibration avoiding any direct contact with the ducts, protecting them from damages, misalignments and improper compaction.





























As a rule of thumb the spacing should follow:

 $X \ge \Phi_{\text{external}}$ $Y \ge \Phi_{\text{external}}$ $k \ge \Phi_{\text{external}}$

and $k \ge$ (concrete cover + rebars nominal diameter)

Installation of additional reinforcement is always recommended in areas where a tendon's geometry displays vicinity to the edge of the concrete.

In case of external tendons applications, properly designed deviation saddles are being used. These deviators are made of pre-bended tubes casted into concrete or attached to specially designed steel units following a specific geometry. A common solution for segmental pre-casted construction is the use of bell-mouth pathways, formed by re-usable diabolo units flaring at each end within a range of angle in geometry.

External tendons are made of smooth plastic sheaths and filled with grout or grease / wax depending on design requirements.









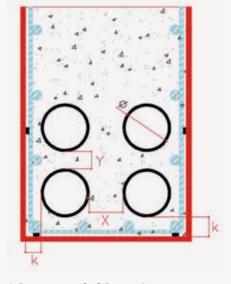


Fig.2 Recommended Ducts Arrangement





Threading

Strands are threaded using a strand threading machine prior or after concreting according to the project's requirements (pushing or pulling method). In special cases (i.e. very long tendons and installation after concrete casting), strands can be installed using the pull through method with special sockets/cups/torpedoes and winch.

Depending on the projects requirements (size, length and geometry of tendons), sheaths must have enlarged diameter accommodating a cross section area 2.0-2.5 times larger than the nominal net strand area.





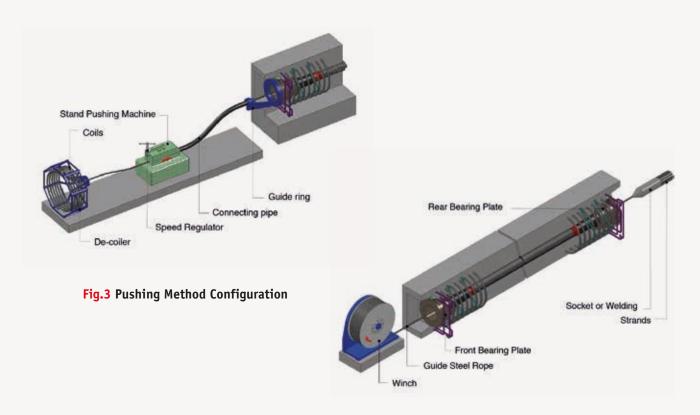


Fig.4 Pulling Method Configuration







Typical Sheath Dimensions

	DU	ICT	COUPLER					
Table 2.1 ROUND STEEL DUCTS (0,6")			Φ	 i Ф е				
CORRUGATED	Фі	Фе	Фі	Фе				
	mm	mm	mm	mm				
up to 3 strands	45	50	50	55				
4 strands	45	50	50	55				
5 strands	50	55	55	60				
6-7 strands	60	65	65	70				
8-9 strands	75	80	80	85				
10-12 strands	80	85	85	90				
13-15 strands	85	90	90	95				
16-19 strands	100	105	105	110				
20-22 strands	105	110	110	115				
23-27 strands	115	120	120	125				
28-31 strands	125	130	130	135				
32-37 strands	135	140	140	145				

	DU	ICT	COUPLER					
Table 2.2 ROUND STEEL DUCTS (0,5")			Фі	⊤ Фе ⊥				
CORRUGATED	Фі	Фе	Фі	Фе				
	mm	mm	mm	mm				
up to 3 strands	40	45	45	50				
4 strands	40	45	45	50				
5 strands	40	45	45	50				
6-7 strands	50	55	55	60				
8-9 strands	55	60	60	65				
10-13 strands	65	70	70	75				
14-15 strands	70	75	75	80				
16-19 strands	80	85	85	90				
20-22 strands	85	90	90	95				
23-27 strands	90	95	95	100				
28-31 strands	100	105	105	110				
32-37 strands	110	115	115	120				

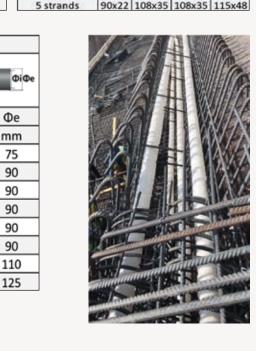
	DU	ICT
Table 2.3 ROUND PLASTIC DUCTS (0,6")		Фі Фе
CORRUGATED	Фі	Фе
	mm	mm
up to 3 strands	40	55
4 strands	40	55
5 strands	50	65
6-7 strands	60	75
8-9 strands	80	96
10-12 strands	80	96
13-15 strands	85	103
16-19 strands	90	108
20-22 strands	100	122
23-27 strands	110	132
28-31 strands	110	132
32-37 strands	120	143

	DU	ICT
Table 2.4 ROUND PLASTIC		Фі Фе
DUCTS (0,5")		ΦιΦε
CORRUGATED	Фі	Фе
	mm	mm
up to 3 strands	30	45
4 strands	40	55
5 strands	40	55
6-7 strands	50	65
8-9 strands	60	75
10-13 strands	70	86
14-15 strands	80	96
16-19 strands	80	96
20-22 strands	80	96
23-27 strands	85	103
28-31 strands	90	108
32-37 strands	100	122

	DI	JCT	cou	PLER
Table 2.5 FLAT STEEL CORRUGATED DUCTS			d D).н
(0,5" & 0,6")	dxh	DxH	dxh	DxH
CARGO SECTIONS	mm	mm	mm	mm
2 strands	50x22	54x26	54x26	58x30
3 strands	60x22	64x26	64x26	70x30
4 strands	70x22	74x26	74x26	78x30
5 strands	90x22	94x26	94x26	98x30
	DI	JCT	COU	PLER
Table 2.6 FLAT PLASTIC CORRUGATED DUCTS			d D)
(0,5" & 0,6")	dxh	DxH	dxh	DxH
verse, south, 200	mm	mm	mm	mm
2 strands	50x22	65x35	65x35	75x48
3 strands	60x22	75x35	75x35	85x48
4 strands	70x22	86x35	86x35	95x48
5 strands	90x22	108x35	108x35	115x48

	DUCT						
Table 2.7							
ROUND		ФіФе					
PLASTIC DUCTS							
(0,6") SMOOTH	Фі	Фе					
	mm	mm					
6-7 strands	66,4	75					
8-9 strands	79,8	90					
10-12 strands	79,8	90					
13-15 strands	79,8	90					
16-19 strands	97,4	110					
20-22 strands	110,8	125					
23-27 strands	110,8	125					
28-31 strands	124	140					
32-37 strands	124	140					

	DU	ICT
Table 2.8		
ROUND		ФіФе
PLASTIC DUCTS		
(0,5") SMOOTH	Фі	Фе
	mm	mm
8-9 strands	66,4	75
10-13 strands	79,8	90
14-15 strands	79,8	90
16-19 strands	79,8	90
20-22 strands	79,8	90
23-27 strands	79,8	90
28-31 strands	97,4	110
32-37 strands	110,8	125



Typical Tendons Geometry

Steel/Plastic Round Corrugated Sheaths

Table 3.1

Table 5.1		
INTERNAL	Tangent Length	Radius of Curvature
TENDONS	Mmin	Rmin
0,5" & 0,6"	m	m
up to 2 strands	0,8	2,5
3	0,8	3
4	0,8	3,5
5	0,8	4
6	0,8	4
7	0,8	4,5
8	1	4,5
9	1	5
10	1	5,5
11	1	5,5
12	1	5,5
13	1	6
14	1	6
15	1	6,5
16	1	6,5
17	1	7
18	1	7
19	1	7
20	1	7,5
21	1	7,5
22	1	7,5
23	1	8
24	1	8
25	1	8
26	1,5	8,5
27	1,5	8,5
28	1,5	8,5
29	1,5	9
30	1,5	9
31	1,5	9
32	1,5	9
33	1,5	9,5
34	1,5	9,5
35	1,5	9,5
36	1,5	10
37	1,5	10

Recommended Values



Steel/Plastic Flat Corrugated Sheaths

Table 3.2

FLAT TENDONS	Tangent Length	Radius of Curvature
0,5" & 0,6"	Mmin	Rmin
0,5 & 0,6	m	m
up to 2 strands	0,5	2,5
3	0,5	2,5
4	0,5	2,5
5	0,5	2,5

Recommended Values

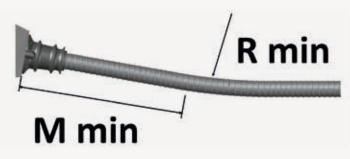


Fig.5 Tendon's Geometry

Plastic Round Smooth Sheaths

Table 3.3

EXTERNAL	Radius of Curvature	Radius of Curvature
TENDONS	Rmin - (0,5")	Rmin - (0,6")
TENDONS	m	E
up to 6 strands	2	2
up to 7 strands	2	2,5
up to 8 strands	2	2,5
up to 9 strands	2,5	2,5
up to 13 strands	2,5	3
up to 14 strands	3	3
up to 16 strands	3	3,5
up to 17 strands	3	3,5
up to 19 strands	3	3,5
up to 25 strands	3,5	4
up to 32 strands	4	4,5
up to 33 strands	4	5
up to 37 strands	4,5	5

Recommended Values



Anchorages

Types

The design of anchorages is in line with Int'l Standards (EN, AASHTO, F.I.B and PTI).

They are formed by cast iron units (bearing plates), steel anchor & coupling heads, couplers, wedges, swages, collars & protective covers, grouting ports, caps, etc. as per EN & ASTM specifications.







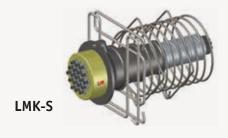


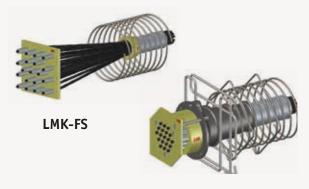


LMK-S stressing anchorages are formed by a steel anchor head where strands are individually gripped by wedges passing through the bearing plate (trump-plate).

LMK-FS and **LMK-FSB** fixed anchorages are swaged types through a steel plate or through a bearing plate and anchor head with a pressing board that accommodates a better distribution of forces.

LMK-FB is a simplified solution for a fixed type where the bulb-end (known as onion type) of the strand is bonded to the concrete.





LMK-FSB



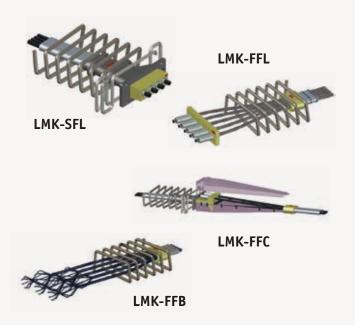
LMK-FB



LMK-FC and LMK-MC coupling anchorages are fixed type or movable type, used between adjoined construction members. Couplers are used to give continuity to the tendons, which due to their length or the construction method, cannot be installed or tensioned as one unit. The fixed types are used when stressing of the tendon of the previous member in a construction joint is needed, while movable types allow stressing of the tendon from the adjacent end.



LMK-FC is formed by a coupling head where strands coming from the precedent construction member are individually gripped by wedges passing through a bearing plate forming a stressing anchorage. The strands of the next adjacent member are swaged and gripped in the perimeter of the coupling head. **LMK-MC** is formed by a mono-coupling system gripping through wedges at both sides of the strands. All elements are placed inside a protective cover having a grout port.



Un-bonded mono-strand system, both for 13 mm (0.5") and 15 mm (0.6") type **LMK-U** can be used in cases where the design specifies un-bonded strands applications (greased and PE coated).

LMK-SFL flat anchorages are stressing type, LMK-FFL & LMK-FFB fixed type and LMK-FFC coupling type. Flat anchorages are commonly used in building's thin slabs/walls and bridge decks. Slab post-tensioning enables deflections and cracks under service conditions to be controlled while permitting larger and thinner spans.









▶ Block-out dimensions & reinforcement

The characteristic spacings X, Y and Z for typical concrete classes, according to the characteristic strength at 28 days, are given in Table 5. For concrete of intermediate strength interpolated data can be utilized.

The minimum recommended distances should not be considered when stressing adjacent anchorages simultaneously. In such case, the recommended distance X₂ must be modified accordingly.

In addition to the reinforcement according to the design, supplementary reinforcement is recommended to be placed in the force distribution zone behind the anchorage.



In cases where the length of a spiral is insufficient, lap splicing is required, considering overlapping length \geq 52 times of spiral bar diameter (Φ H) (EN 1992-1-1/section 8).

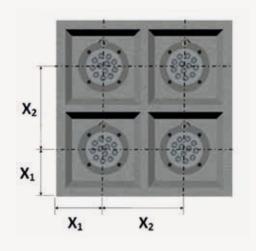


Fig.6 Typical Block-out Configuration Round Anchorages

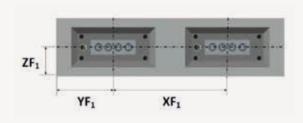


Fig. 7 Typical Block-out Configuration Flat Anchorages

The provided values in the following Tables are recommended values and can be modified according to the needs and specifications of each individual project.



Table 4 Recommended Concrete Cover depending on the Environment

Exposure Classes EN 206	Environment	Typical Cases	Cover (mm)											
Corrosion induced by carbonation														
XC1	Dry or permanently wet	Buildings	30											
XC2	Wet, rarely dry	Foundations	45											
XC3	Moderate humidity	Sheltered from rain	45											
XC4	Cyclic wet and dry	Water contact	50											
	Corrosion induced by chlor	rides excluding sea-water												
XD1	Moderate humidity	Concrete exposed to chlorides	50											
XD2	Wet, rarely dry	Swimming pools	55											
XD3	Cyclic wet and dry	Pavements & car park slabs	55											

Recommended Minimum Anchorages Arrangement

Tables 5 Round & Flat Anchorages

0	min X ₁	min X ₂	min X ₁	min X ₂	min X ₁	min X ₂		
rrani Nos.		lass C30/37		lass C35/45		lass C40/50		
STE	mm	mm	mm	mm	mm	mm		
2	120	180	115	180	110	180		
3	125	185	120	180	115	180		
4	130	210	125	195	120	185		
5	150	240	145	240	140	240		
6	165	260	155	240	150	240		
7	170	280	160	260	155	240		
8	185	335	180	335	175	335		
9	190	340	185	340	180	340		
10	195	345	190	345	185	345		
11	205	350	195	350	190	350		
12	210	365	200	355	195	355		
13	225	380	220	365	200	365		
14	230	395	225	375	215	370		
15	235	405	230	380	220	375		
16	250	420	235	400	225	400		
17	265	435	245	405	235	405		
18	270	445	250	410	240	410		
19	275	455	255	425	245	415		
20	280	470	260	440	250	440		
21	285	480	265	445	255	445		
22	290	490	270	455	260	450		
23	310	505	290	480	275	480		
24	315	515	295	485	280	485		
25	320	525	300	490	285	490		
26	325	535	305	495	290	495		
27	330	545	310	505	295	500		
28	335	555	315	530	300	530		
29	340	565	320	535	305	535		
30	345	575	325	540	310	540		
31	350	585	330	545	315	545		
32	355	595	335	575	320	575		
33	360	600	340	580	325	580		
34	365	610	345	585	330	585		
35	370	620	350	590	335	590		
36	375	630	355	595	340	595		
37	380	635	360	600	345	600		
9 .	min XF ₁	min YF ₁	min ZF ₁	min XF ₁	min YF ₁	min ZF ₁		
TRAN Nos.	Cem	ent Class C3	0/37	Cem	ent Class C3	5/45		
22	mm	mm	mm	mm	mm	mm		
2	340	115	75	330	110	70		
3	360	135	80	350	130	75		
4	390	170	95	380	165	90		
5	410	185	100	400	180	95		











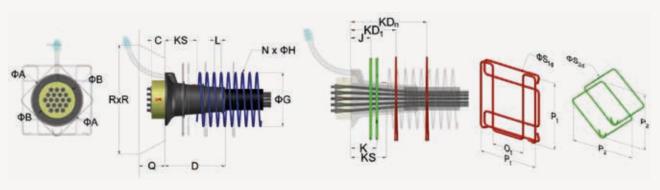
Concrete cover must be added to the above $\mathbf{X_{1}},\,\mathbf{YF_{1}}$ and $\mathbf{ZF_{1}}$ values as per design requirements

LMK-S M15 (0.6") - STRESSING ANCHORAGE

Table 6.1

LMK - S	BEARING PLATE ANCHOR HEAD SPIRAL											W CTIRRIDS							RECESS						
	ФА	D	ФВ	c	ΦG	N	ФН	i	KS	Pi	0,	ФЅы	13	N	ĸ	P _z	Ф524	N	KD,	KD,	KD,	KD ₄	KD ₁	RxR	q
TYPE	mm	mm	mm	mm	mm	Nos	mm	mm	mm	mm	mm	mm	mm	Nos	mm	mm	mm	Nos	mm	mm	mm	mm	mm	mm×mm	mm
1M15	100	/20	50	48	140	6	10	50	15	lan'		122	/44	1820	122	***	100		22		12	144		165	90
2M15	132	80	86	50	180	6	10	50	15	210	110	6	65	2	85		225	32	- FE	2	440		327	220	90
3M15	136	110	91	50	200	6	10	50	15	210	110	6	65	2	85	(46)	(44)	846	**	44	46	340	100	270	90
4M15	150	130	102	50	210	6	10	50	15	210	110	6	65	2	85	**		86	940	**	- (4)	246	**	270	90
SM15	165	135	115	50	230	7	10	50	15	265	140	8	65	2	85	(44)	290)	***	**	-	447			330	90
6M15	180	170	126	52	280	8	10	50	15	310	160	10	60.	2	90	300	8	3	140	270	400	**	***	330	120
7M15	180	170	126	53	280	8	10	50	15	310	160	10	60	2	90	300	8	3	140	270	400			360	120
8M15	210	190	146	55	320	8	12	60	20	340	190	12	70	2	100	350	8	3	145	275	405	44	7.i.	360	120
9M15	210	190	146	55	320	8	12	60	20	340	190	12	70	2	100	350	8	3	145	275	405	100	244	395	120
10M15	225	230	166	58	370	9	12	60	20	380	195	14	70	2	110	390	8	3	170	320	470	140	24	395	120
11M15	225	230	166	60	370	9	12	60	20	380	195	14	70	2	110	390	8	3	170	320	470	140	. 64	395	120
12M15	225	230	166	60	370	9	12	60	20	380	195	14	70	2	110	390	8	3	170	320	470	- 24	99	420	130
13M15	255	250	176	63	400	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	520		420	130
14M15	255	250	176	65	400	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	- **	470	130
15M15	255	250	186	68	400	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	-	470	140
16M15	280	325	196	70	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	24	485	140
17M15	280	325	196	73	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	***	485	140
18M15	280	325	206	75	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620		500	140
19M15	280	325	206	75	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	- 0.0	500	140
20M15	310	325	226	80	460	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	**	500	150
21M15	310	325	226	80	460	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	21	545	150
22M15	310	325	226	80	460	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	941	545	150
23M15	340	350	244	82	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790	575	150
24M15	340	350	244	82	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790	575	150
25M15	340	350	244	85	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790	575	150
26M15	340	350	244	85	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790	575	150
27M15	340	350	244	85	480	13	16	60	40	570	315	16	75	2	125	540	12	5	190	340	490	640	790	620	150
28M15	360	380	260	88	500	14	16	60	40	635	315	2000	75	2	125	540	14	5	190	340	490	640	790	1.000.000	150
No. of Concession, Name of Street, or other Designation, Name of Street, Name	360 360	380	260	90	500	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790	620	150
30M15	157.000	380	260	90	500	14	16	60	40	635	315	18	75	2	125	540		5	190	340	490	640	790	630	150
31M15 32M15	360 405	500	296	95	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	170
33M15	405	500	296	95	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	170
34M15	405	500	296	95	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	170
35M15	405	500	296	100	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	170
36M15	405	500	296	100	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	170
17M15	405	500	296	100	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	170

Recommended values for Spiral, Bursting reinforcement & Recess



Stressing Anchorage Front & Side View

Reinforcement Configuration

W Stirrups

LMK-S M15 (0.6") - STRESSING ANCHORAGE

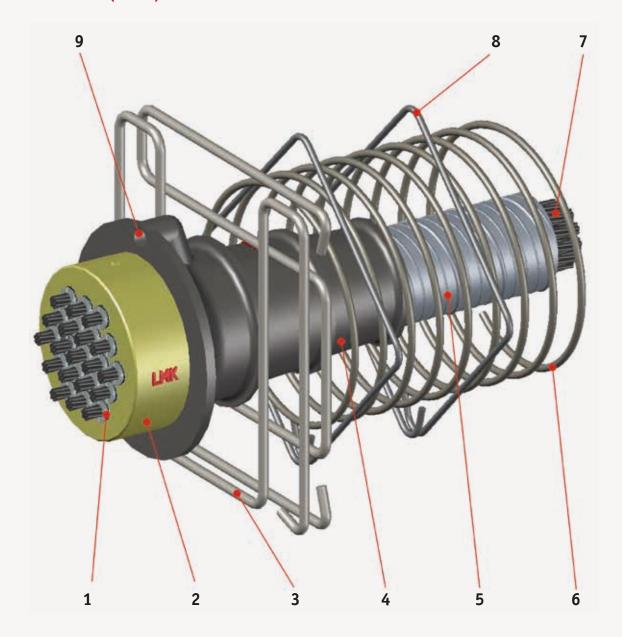


Fig.8.1 Stressing Anchorage Axonometric View

S/N	DESCRIPTION
1	WEDGES
2	ANCHOR HEAD
3	"W" STIRRUPS can be modified according to design requirements
4	BEARING PLATE ensure proper anchorage distance X ₂ when simultaneously stressing
5	DUCT Sheath diameter can be modified according to design requirements
6	SPIRAL
7	STRANDS
8	"O" ADDITIONAL BURSTING REINFORCEMENT distributed along the spiral length
9	GROUT PORT

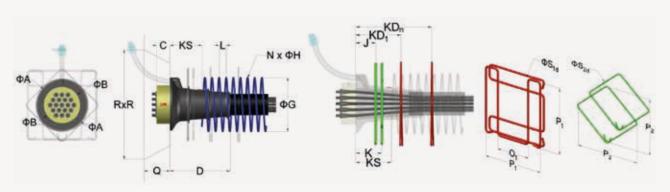


LMK-S M13 (0.5") - STRESSING ANCHORAGE

Table 6.2

LMK - S	REARING PLATE	BEARING PLATE ANCHOR HEAD SPIRAL										W STIRRUPS						0 1		SIIIRROPS				RECESS		
	ΦA	D	ФВ	c	фG M13	N	ФН		KS	P _e	0.	Ф5ы	,	2	к	P ₂	ΦS _M	N	KD,	KD,	XD,	KD,	KD.	RXR	Q.	
TYPE	D. COLUMN		No.	mm	mm	Nos	mm	mm	mm	mm	And to	mm		Nos	mm	mm	mm	Nos	and the same of		Name of Street,		and the last	Venner and and	mm	
1M13	mm	mm	40	40	100	6	8	50	15	-	mm		mm	103	-		-	1103	mm	mm	mm	mm	mm	165	90	
2M13	132	80	75	45	130	6	8	50	15	210	110	6	65	2	85					Contract Con	- 44	24	**	220	90	
3M13	132	80	80	45	130	6	12	50	15	210	110	6	65	2	85									270	90	
4M13	140	110	85	48	150	6	12	50	15	210	110	6	65	2	85	- 2	72	-			-	-	127	270	90	
5M13	140	125	100	48	170	7	12	50	15	265	140	8	65	2	85	22	34		144	***		- 643	22	330	90	
6M13	165	135	105	48	205	8	12	50	15	310	160	10	60	2	90	300	8	3	140	270	400	94)	42	330	120	
7M13	165	135	105	50	210	8	12	50	15	310	160	10	60	2	90	300	8	3	140	270	400	H	**	360	120	
8M13	175	170	126	52	240	8	12	60	20	340	190	12	70	2	100	350	8	3	145	275	405	941	25.	360	120	
9M13	175	170	126	53	240	8	12	60	20	340	190	12	70	2	100	350	8	3	145	275	405	177	**	395	120	
10M13	210	210	146	53	270	9	14	60	20	380	195	14	70	2	110	390	8	3	170	320	470	7.	44	395	120	
11M13	210	210	146	53	275	9	14	60	20	380	195	14	70	2	110	390	8	3	170	320	470	24		395	120	
12M13	210	210	146	55	280	9	14	60	20	380	195	14	70	2	110	390	8	3	170	320	470		22	420	130	
13M13	210	210	146	55	305	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	×	420	130	
14M13	214	230	166	57	310	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	* €	470	130	
15M13	214	230	166	60	320	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	25	470	140	
16M13	255	270	176	62	340	11	16	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	**	485	140	
17M13	255	270	176	62	340	11	16	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	**	485	140	
18M13	255	270	176	65	345	11	16	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620		500	140	
19M13	255	270	176	65	340	11	16	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	44	500	140	
20M13	260	365	196	68	355	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	**	500	150	
21M13	260	365	196	70	355	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	**	545	150	
22M13	260	365	196	70	360	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	**	545	150	
23M13	275	380	216	73	375	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790	575	150	
24M13	275	380	216	73	375	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790	575	150	
25M13	275	380	216	75	375	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790	575	150	
26M13	275	380	216	75	380	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790	575	150	
27M13	275	380	216	75	380	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790	620	150	
28M13	300	400	224	78	395	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790	620	150	
29M13	300	400	224	78	395	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790	620	150	
30M13	300	400	224	80	395	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790	630	150	
31M13	300	400	224	80	400	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790	630	150	
32M13	330	430	244	82	405	15	16	60 60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	170	
33M13 34M13	330	430	244	82	415	15	16	60	45	680 680	350 350	20	75	2	125 125	600	14	5	195	345	495	645	795	700	170	
35M13	330	430	244	85	420	15	16	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	170	
36M13	330	430	244	85	420	15	16	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	170	
	-	-	2000	-	-	-	-	10000	-	1000	-	-		-	_					-	-	-	-	1251505	170	
37M13	330	430	244	85	430	15	16	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795	700	17	

Recommended values for Spiral, Bursting reinforcement & Recess



Stressing Anchorage Front & Side View

Reinforcement Configuration

W Stirrups

LMK-S M13 (0.5") - STRESSING ANCHORAGE

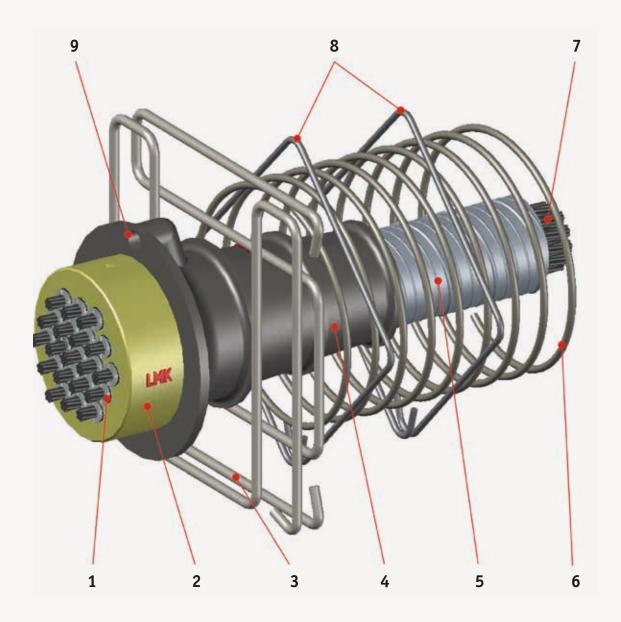


Fig.8.2 Stressing Anchorage Axonometric View

S/N	DESCRIPTION
1	WEDGES
2	ANCHOR HEAD
3	"W" STIRRUPS
	can be modified according to design requirements
	BEARING PLATE
4	ensure proper anchorage distance X ₂ when simultaneously
	stressing
	DUCT
5	Sheath diameter can be modified according to design
	requirements
6	SPIRAL
7	STRANDS
8	"♦" ADDITIONAL BURSTING REINFORCEMENT
•	distributed along the spiral length
9	GROUT PORT



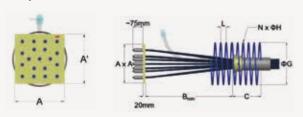


LMK-FS M15 (0.6") & M13 (0.5") - FIXED SWAGED ANCHORAGE

Table 6.3

LMK - FS	DISTANCE	O NO STATE OF STATE O		SPIRAL								
	A×A'	Bmin	c	ФС	N	ФН	ı					
TYPE	mm	mm	mm	mm	Nos	mm	mm					
2M15	100 x 80	180	110	180	6	10	50					
2M13	90 x 70	120	85	130	6	8	50					
3M15	120 x 120	180	110	180	6	10	50					
3M13	100 x 100	120	85	130	6	12	50					
4M15	140 x 140	240	110	210	6	10	50					
4M13	120 x 120	180	110	150	6	12	50					
5M15	155 x 155	300	110	230	7	10	50					
5M13	140 x 140	180	110	170	7	12	50					
6M15	170 x 170	380	120	260	8	10	50					
6M13	150 x 150	300	110	190	8	12	50					
7M15	185 x 185	380	120	280	8	10	50					
7M13	170 x 170	380	110	210	8	12	50					
8M15	195 x 195	440	120	300	8	12	60					
8M13	170 x 170	380	110	230	8	12	60					
9M15	210 x 210	440	120	320	8	12	60					
9M13	220 x 220	440	120	240	8	12	60					
10M15	220 x 220	500	135	330	9	12	60					
10M13	220 x 220	440	120	250	9	14	60					
11M15	230 x 230	500	135	350	9	12	60					
11M13	220 x 220	440	120	260	9	14	60					
12M15	240 x 240	500	135	370	9	12	60					
12M13	220 x 220	440	120	280	9	14	60					
13M15	250 x 250	500	135	380	10	12	60					
13M13	250 x 250	500	135	290	10	14	60					
14-15M15	260 x 260	560	135	400	10	12	60					
14-15M13	250 x 250	500	135	320	10	14	60					
16M15	260 x 260	560	135	410	11	14	60					
16M13	250 x 250	500	135	320	311	16	60					
17M15	285 x 285	720	135	430	811	14	60					
17M13	250 x 250	500	135	330	11	16	60					
18-19M15	300 x 300	720	135	450	11	14	60					
18-19M13	250 x 250	500	135	340	11	16	60					
20-22M15/13	325 x 325	900	135	460	12	16	60					
23-27M15/13	350 x 350	1000	135	480	13	16	60					
28-31M15/13	380 x 380	1100	135	500	14	16	60					
32-34M15/13	400 x 400	1100	135	510	15	16	60					
35-37M15/13	420 x 420	1200	135	520	15	18	60					

Recommended values for Spiral



Fixed Swaged Anchorage Front & Side View

LMK-FS M15 (0.6") & M13 (0.5") - FIXED SWAGED ANCHORAGE

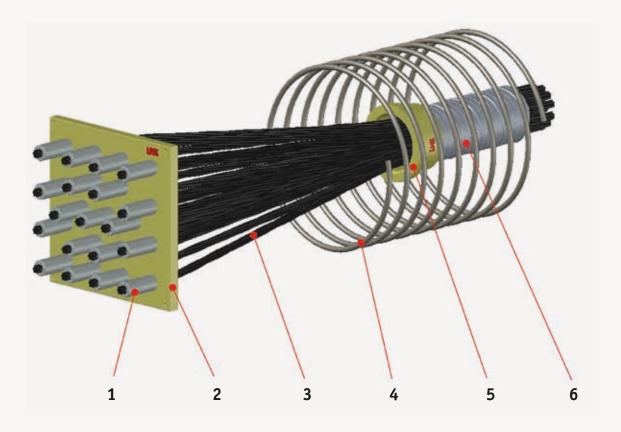


Fig.9 Fixed Swaged Anchorage Axonometric View

S/N	DESCRIPTION
1	SWAGES
2	ANCHOR HEAD
3	STRANDS
4	SPIRAL
5	COLLAR
6	DUCT Sheath diameter can be modified according to design requirements



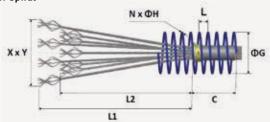


LMK-FB M15 (0.6") & M13 (0.5") - FIXED BULB ANCHORAGE

Table 6.4

LMK - FB		BULB CONFIGURATION		SPIRAL										
	XxY	L1	, L2:	ФС	N	ФН	с	E.						
TYPE	mm	mm	mm	mm	Nos	mm	mm	mm						
2M15	190 X 210	900	5.40	180	6	10	110	50						
ZM13	190 X 210	900	1500	130	6	12	85	50						
3M15	190 X 210	900		180	6	10	110	50						
3M13	190 X 210	900		130	- 6	12	85	50						
4M15	190 X 210	900	020	210	6	10	110	50						
4M13	190 X 210	900	142	150	6	12	110	50						
5M15	250 X 270	1000	850	230	7	12	110	60						
5M13	250 X 270	1000	850	170	7	12	110	60						
6M15	250 X 270	1000	850	280	8	12	120	60						
6M13	250 X 270	1000	850	205	8	12	110	60						
7M15	250 X 270	1000	850	280	8	12	120	60						
7M13	250 X 270	1000	850	210	8	12	110	60						
8M15	250 X 270	1000	850	320	8	12	120	60						
8M13	250 X 270	1000	850	240	8	12	110	60						
9M15	280 X 420	1100	950	320	8	12	120	60						
9M13	280 X 420	1100	950	240	8	14	120	60						
10M15	280 X 420	1100	950	370	9	12	135	60						
10M13	280 X 420	1100	950	270	9	14	120	60						
11M15	280 X 420	1100	950	370	9	12	135	60						
11M13	280 X 420	1100	950	275	9	14	120	60						
12M15	280 X 420	1100	950	370	9	12	135	60						
12M13	280 X 420	1100	950	280	9	14	120	60						
13M15	380 X 390	1100	950	400	10	14	135	60						
13M13	380 X 390	1100	950	305	10	16	135	60						
14-15M15	380 X 390	1100	950	400	10	14	135	60						
14-15M13	380 X 390	1100	950	320	10	16	135	60						
16M15	380 X 390	1100	950	450	11	14	135	60						
16M13	380 X 390	1100	950	340	11	16	135	60						
17M15	380 X 490	1200	1050	450	11	14	135	60						
17M13	380 X 490	1200	1050	340	11	16	135	60						
18-19M15	380 X 490	1200	1050	450	11	14	135	60						
18-19M13	380 X 490	1200	1050	340	11	16	135	60						
20-23M15	470 X 470	1300	1150	460	12	16	135	60						
20-23M13	470 X 470	1300	1150	355	12	16	135	60						
24-27M15	560 X 470	1400	1250	480	13	16	135	60						
24-27M13	560 X 470	1400	1250	380	13	16	135	60						
28-31M15	510 X 570	1500	1350	500	14	16	135	60						
28-31M13	510 X 570	1500	1350	400	14	16	135	60						
32-35M15	600 X 650	1600	1450	520	15	18	135	60						
32-35M13	600 X 650	1600	1450	420	15	16	135	60						
36-37M15	600 X 650	1600	1450	520	15	18	135	60						
36-37M13	600 X 650	1600	1450	430	15	16	135	60						

Recommended values for Spiral



Fixed Bulb Anchorage Side View

LMK-FB M15 (0.6") & M13 (0.5") - FIXED BULB ANCHORAGE

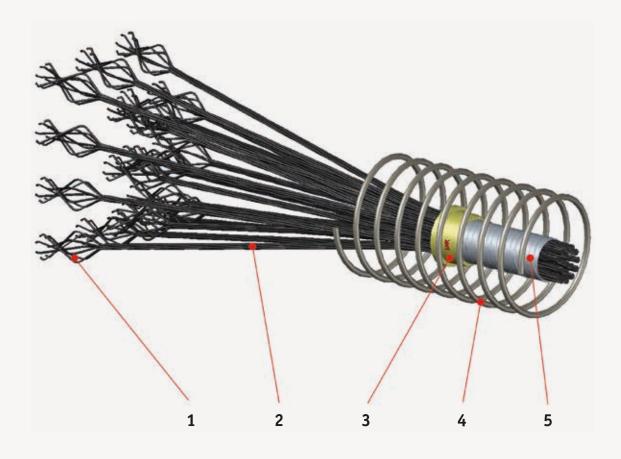


Fig.10 Fixed Bulb Anchorage Axonometric View

S/N	DESCRIPTION
1	BULBS
2	STRANDS
3	COLLAR
4	SPIRAL
5	DUCT Sheath diameter can be modified according to design requirements

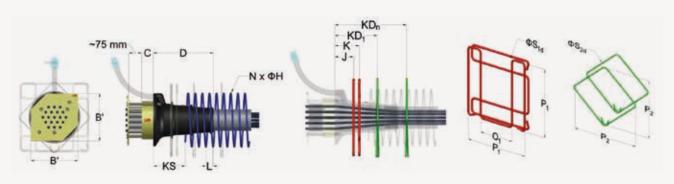


LMK-FSB M15 (0.6") & M13 (0.5") - FIXED SWAGED ANCHORAGE with BEARING PLATE

Table 6.5 (for M13 refer to Table 6.2)

LMK - FSB	REARING PLATE	area control	CARL SOUTH	AMERICA MEMO	PRESSING BOARD				SPIRAL					W STIBBLIDS				□ STIRRUPS									
	ФΑ	D	ФВ	c	mt and	135	ФБ	N	Фн	4	KS		0,	Фбъ		N	K	P ₂	ФЅм	N	KD.	KD _z	KĐ,	KD,	KD.		
TYPE	mm	mm	mm	mm	B' x B'	mm	mm	Nos	mm	mm	mm	P ₁	mm.	mm	mm	Nos	mm	mm	mm	Nos	mm	mm	mm.	mm.	mm		
3M15	136	110	91	50	135	8	200	6	10	50	15	210	110	6	65	2	85	12		2			-				
4M15	150	130	102	50	150	8	210	6	10	50	15	210	110	6	65	2	85	22		22	22	92	140	-	42		
5M15	165	135	115	50	170	8	230	7	10	50	15	265	140	8	65	2	85	34	2-47	14	44	44	144.5	2469	24		
6M15	180	170	126	52	180	8	280	8	10	50	15	310	160	10	60	2	90	300	8	3	140	270	400	***	***		
7M15	180	170	126	53	180	8	280	8	10	50	15	310	160	10	60	2	90	300	8	3	140	270	400				
8M15	210	190	145	55	195	8	320	8	12	60	20	340	190	12	70	2	100	350	8	3	145	275	405	(c)	**		
9M15	210	190	146	55	215	8	320	8	12	60	20	340	190	12	70	2	100	350	8	3	145	275	405	10.00			
10M15	225	230	166	58	230	8	370	9	12	60	20	380	195	14	70	2	110	390	8	3	170	320	470				
11M15	225	230	166	60	240	8	370	9	12	60	20	380	195	14	70	2	110	390	8	3	170	320	470	(a)	22		
12M15	225	230	166	60	240	8	370	9	12	60	20	380	195	14	70	2	110	390	8	3	170	320	470	-	241		
13M15	255	250	176	63	245	8	400	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	440		
14M15	255	250	176	65	250	8	400	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	140		
15M15	255	250	186	68	255	8	400	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	660		
16M15	280	325	196	70	265	8	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	995		
17M15	280	325	196	73	235	8	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	44.		
18M15	280	325	206	75	270	8	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	77		
19M15	280	325	206	75	270	8	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	**		
20M15	310	325	226	80	300	8	460	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	**		
21M15	310	325	226	80	300	8	460	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	22		
22M15	310	325	226	80	300	8	460	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	22		
23M15	340	350	244	82	315	8	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790		
24M15	340	350	244	82	315	8	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790		
25M15	340	350	244	85	315	8	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790		
26M15	340	350	244	85	315	8	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790		
27M15	340	350	244	85	315	8	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790		
28M15	360	380	260	88	330	8	500	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790		
29M15	360	380	260	88	330	8	500	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790		
30M15	360	380	260	90	330	8	500	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790		
31M15	360	380	260	90	330	8	500	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790		
32M15	405	500	296	95	440	8	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795		
33M15	405	500	296	95	440	8	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795		
34M15	405	500	296	95	440	8	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	645	795		
35M15	405	500	296	100	440	8	520	15	18	60	45	680	350	20	75	2	125	600	14	5	195	345	495	545	795		
36M15	405	500	296 296	100	440	8	520	15	18	60	45	680	350 350	20	75 75	2	125	600	14	5	195	345	495	645 645	795 795		

Recommended values for Spiral & Bursting Reinforcement



Stressing Anchorage Front & Side View

Reinforcement Configuration

W Stirrups

LMK-FSB M15 (0.6") & M13 (0.5") - FIXED SWAGED ANCHORAGE with BEARING PLATE

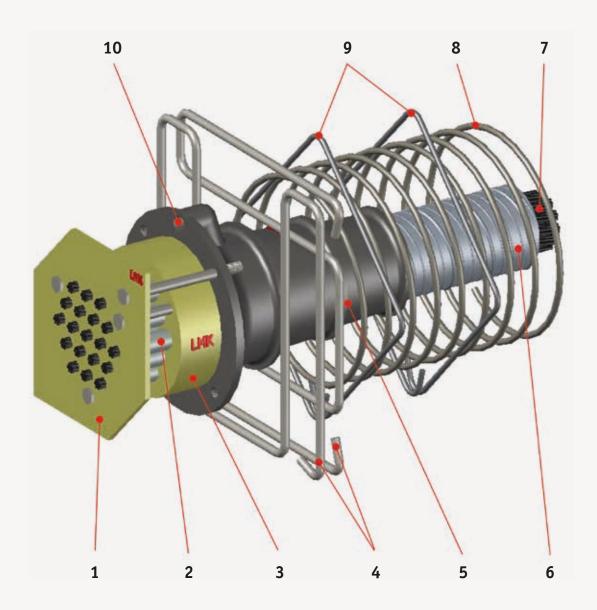


Fig.11 Fixed Swaged with Bearing Plate Anchorage Axonometric View

S/N	DESCRIPTION
1	PRESSING BOARD
2	SWAGES
3	ANCHOR HEAD
4	"W" STIRRUPS
	can be modified according to design requirements
_	BEARING PLATE
5	ensure proper anchorage distance X ₂ when simultaneously
	stressing
	DUCT
6	Sheath diameter can be mod ified according to design
_	requirements
7	STRANDS
8	SPIRAL
9	"♦" ADDITIONAL BURSTING REINFORCEMENT
9	distributed along the spiral length
10	GROUT PORT



LMK-MC M15 (0.6") & M13 (0.5") - MOVABLE COUPLER

Table 6.6

LMK - MC	PROTECTIVE COVER										
	ФА	В	С	D							
TYPE	mm	mm	mm	mm							
2-3M15/13	101	965	62	169							
4M15/13	112	1205	62	180							
5M15/13	125	1260	62	193							
6-7M15/13	136	1300	76	204							
8-9M15/13	156	1380	86	224							
10-12M15/13	177	1430	96	245							
13-14M15/13	187	1540	106	255							
15M15/13	197	1570	106	265							
16-19M15/13	217	1635	106	285							
20-22M15/13	237	1705	106	305							
23-27M15/13	256	1840	126	324							
28-31M15/13	272	1855	136	340							
32-37M15/13	308	2070	140	376							



Movable Coupler Side View



Movable Coupler Rear View

LMK-MC M15 (0.6") & M13 (0.5") - MOVABLE COUPLER

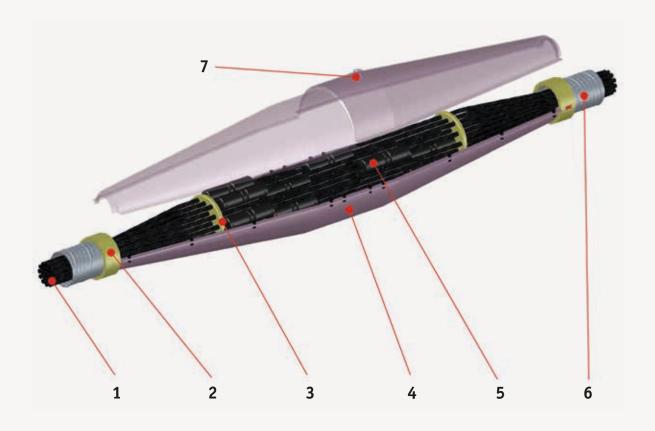


Fig.12.1 Movable Coupler Axonometric View

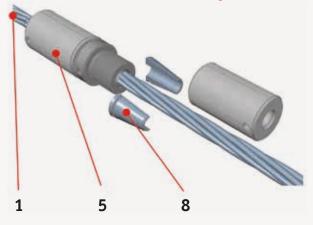


Fig.12.2 Mono-Coupler Axonometric View

S/N	DESCRIPTION
1	STRANDS
2	COLLAR
3	SPREADING BOARD
4	PROTECTIVE COVER
5	MONO-COUPLER
6	DUCT Sheath diameter can be modified according to design requirements
7	GROUT PORT
8	MONO-COUPLER INNER WEDGES

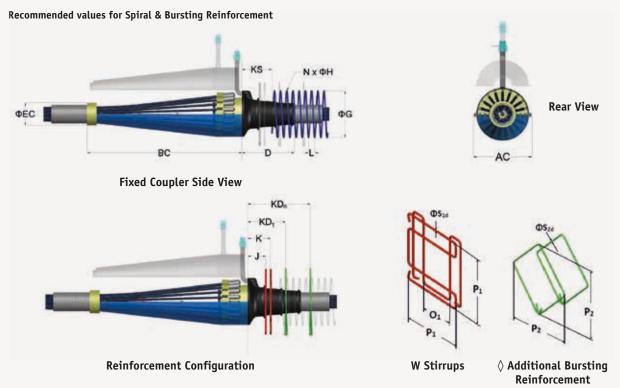




LMK-FC M15 (0.6") & M13 (0.5") - FIXED COUPLER

Table 6.7 (for M13 refer to Table 6.2)

LMK - FC	BEARING PLATE COUPLER BEARING PLATE & PROTECTIVE COVER SPIRAL										,	2			☐ STIRRUPS										
	ФА	D	AC	BC	ФВС	ΦEC	ΦG	N	ФН	L	X5	PI	01	Ф51d		N	×	P ₂	Ф534	N	KD,	KD _T	KD,	KD,	KD,
TYPE	mm	mm	mm	mm	mm	mm	mm	Nos	mm	mm	mm	mm	mm	mm	mm	Nos	mm	mm	mm	Nos	mm	mm	mm	mm	mm
2M15	132	80	216	599	136	80	180	6	10	50	15	210	110	6	65	2	85	99	**	: 60	**	++	**	**	44
3M15	136	110	220	617	146	80	200	6	10	50	15	210	110	6	65	2	85	200	200		225	5.25	J-10		440
4M15	150	130	232	669	157	85	210	6	10	50	15	210	110	6	65	2	85	322			22	. 22	20	722	22
5M15	165	135	244	722	170	85	230	7	10	50	15	265	140	8	65	2	85	(44	100	-	14	7+4	(#S		(4)
6M15	180	170	258	722	183	100	280	8	10	50	15	310	160	10	60	2	90	300	8	3	140	270	400	***	+1/
7M15	180	170	258	722	183	100	280	- 8	10	50	15	310	160	10	60	2	90	300	8	3	140	270	400	99	PF .
8M15	210	190	266	722	191	110	320	8	12	60	20	340	190	12	70	2	100	350	8	3	145	275	405	***	44
9M15	210	190	276	757	201	110	320	8	12	60	20	340	190	12	70	2	100	350	8	3	145	275	405	***	40
10M15	225	230	288	766	213	120	370	9	12	60	20	380	195	14	70	2	110	390	8	3	170	320	470	***	**
11M15	225	230	298	810	223	120	370	9	12	60	20	380	195	14	70	2	110	390	8	3	170	320	470	-	44
12M15	225	230	298	810	223	120	370	9	12	60	20	380	195	14	70	2	110	390	8	3	170	320	470	**	**
13M15	255	250	302	837	227	120	400	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	-
14M15	255	250	308	839	234	120	400	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	227
15M15	255	250	320	862	246	120	400	10	14	60	20	425	205	14	70	2	110	430	10	4	170	320	470	620	46
16M15	280	325	330	906	256	120	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	647
17M15	280	325	330	906	256	120	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	-
18M15	280	325	336	933	261	140	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	- 62
19M15	280	325	336	933	261	140	450	11	14	60	30	500	215	14	70	2	110	480	10	4	170	320	470	620	41
20M15	310	325	356	1020	282	180	460	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	77.
21M15	310	325	356	1020	282	180	460	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	44
22M15	310	325	356	1020	282	180	460	12	16	60	30	540	255	16	70	2	120	500	10	4	180	330	480	630	445
23M15	340	350	386	1064	310	180	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790
24M15	340	350	386	1064	310	180	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790
25M15	340	350	386	1064	310	180	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790
26M15	340	350	386	1064	310	180	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790
27M15	340	350	386	1064	310	180	480	13	16	60	40	570	275	16	75	2	125	530	12	5	190	340	490	640	790
28M15	360	380	434	1231	358	180	500	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790
29M15	360	380	434	1241	358	180	500	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790
30M15	360	380	434	1241	358	180	500	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790
31M15	360	380	434	1241	358	180	500	14	16	60	40	635	315	18	75	2	125	540	14	5	190	340	490	640	790



LMK-FC M15 (0.6") & M13 (0.5") - FIXED COUPLER

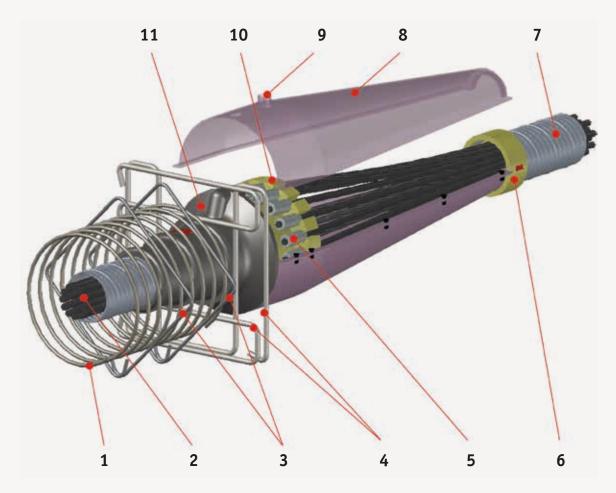


Fig.13 Fixed Coupler Axonometric View

S/N	DESCRIPTION
1	SPIRAL
2	STRANDS
3	" " " " ADDITIONAL BURSTING REINFORCEMENT distributed along the spiral length
4	"W" STIRRUPS
	can be modified according to design requirements
5	SWAGES
6	COLLAR
7	DUCT
	Sheath diameter can be modified according to design requirements
8	PROTECTIVE COVER
9	GROUT PORT
10	COUPLING HEAD
11	BEARING PLATE





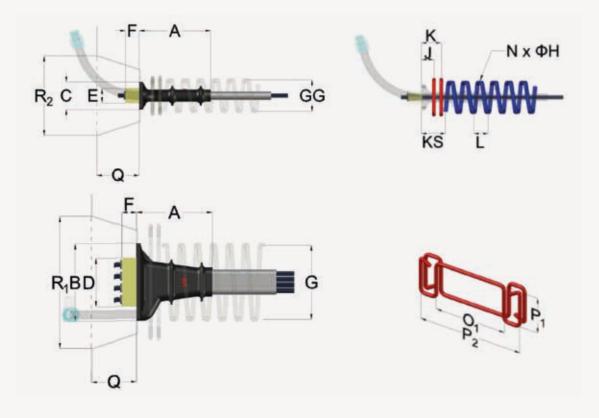


LMK-SFL M15 (0.6") & M13 (0.5") - STRESSING FLAT ANCHORAGE

Table 6.8

LMK - SFL		BEARING PLATE			ANCHOR HEAD				ivalus	SFINAL				RECESS							
	А	В	С	D	E	F	G	GG	N	ФН	L	KS	P ₁	P ₂	O ₁	$\Phi S_1 d$	J	N	К	R ₁	R ₂
TYPE	mm	mm	mm	mm	mm	mm	mm	mm	Nos	mm	mm	mm	mm	mm	mm	mm	mm	Nos	mm	mm	mm
2M15	120	150	70	80	48	50	150	120	5	12	50	75	95	300	170	8	35	2	55	170	90
2M13	120	150	70	80	48	50	150	120	5	10	50	75	95	300	170	8	35	2	55	150	90
3M15	150	180	70	115	48	50	190	120	5	12	50	100	95	300	190	8	60	2	80	210	90
3M13	150	180	70	115	48	50	190	120	5	10	50	100	95	300	190	8	60	2	80	170	90
4M15	210	220	70	150	48	50	230	120	6	12	50	125	120	350	200	12	80	2	100	250	90
4M13	210	220	70	150	48	50	230	120	6	10	50	125	120	350	200	12	80	2	100	230	90
5M15	250	260	70	185	48	50	260	120	6	14	50	135	120	350	240	12	90	2	110	280	90
5M13	250	260	70	185	48	50	260	120	6	12	50	135	120	350	240	12	90	2	110	260	90

Recommended values for Spiral, Bursting Reinforcement & Recess



Stressing Anchorage Side & Plan View

Configuration of Spiral & W Stirrups

LMK-SFL M15 (0.6") & M13 (0.5") - STRESSING FLAT ANCHORAGE

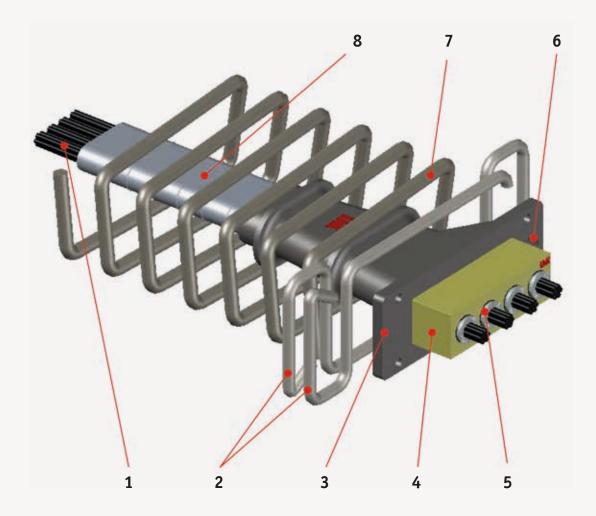


Fig.14 Stressing Flat Anchorage Axonometric View

S/N	DESCRIPTION
1	STRANDS
2	"W" STIRRUPS can be modified according to design requirements
3	BEARING PLATE
4	ANCHOR HEAD
5	WEDGES
6	GROUT PORT
7	SPIRAL
8	FLAT DUCT Sheath dimensions can be modified according to design requirements





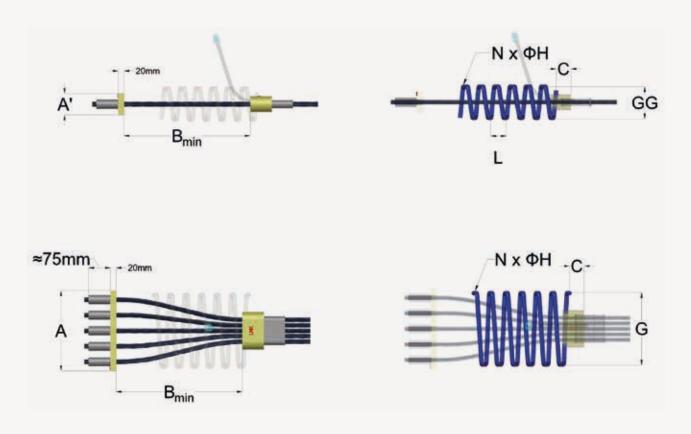


FFL M15 (0.6") & M13 (0.5") - FIXED FLAT ANCHORAGE

Table 6.9

LMK - FFL	ANCHOR HEAD				SPIRAL			DIMENSIONS	
	A	A'	A' G (N	ФН	_	Bmin	С
TYPE	mm	mm	mm	mm	Nos	mm	mm	mm	mm
2M13/15	130	70	130	100	5	12	50	190	50
3M13/15	180	70	170	100	5	12	50	250	50
4M13/15	220	70	210	100	6	12	50	320	50
5M13/15	260	70	250	100	6	14	50	400	50

Recommended values for Spiral



Fixed Anchorage Side & Plan Views

Configuration of Spiral

FFL M15 (0.6") & M13 (0.5") - FIXED FLAT ANCHORAGE

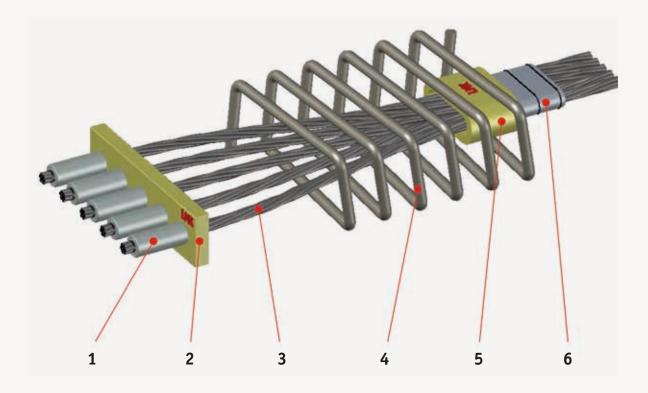


Fig.15 Fixed Flat Anchorage Axonometric View

S/N	DESCRIPTION
1	SWAGES
2	ANCHOR HEAD
3	STRANDS
4	SPIRAL
5	COLLAR
	FLAT DUCT
6	Sheath dimensions can be modified according to design requirements
	to design requirements

Note: Fixed Flat Bulb (LMK-FFB) please refer to table 6.4 for 2 up to 5 strands







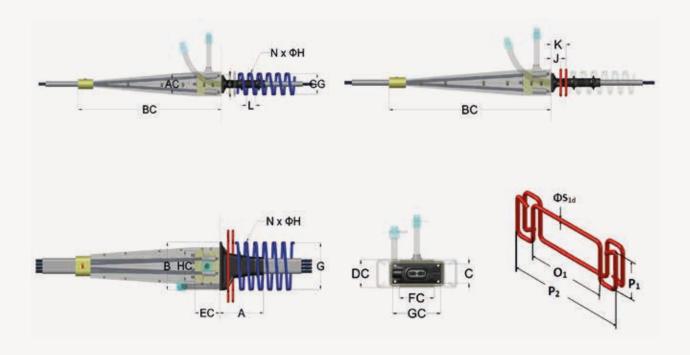
LMK-FFB

LMK-FFC M15 (0.6") & M13 (0.5") - FIXED FLAT COUPLER

Table 6.10

LMK - FFC		BEARING PLATE			COUPLING HEAD		- ಪ		PROTECTIVE COVER		SPIRAL						W STIRRUPS							
	А	В	c	AC	ВС	DC	EC	FC	GC	нс	G	GG	N	ФН	L	KS	P ₁	P ₂	01	$\Phi S_1 d$	1	N	K	
TYPE	mm	mm	mm	mm	mm	mm	mm	mm	mm	mm	mm	mm	Nos	mm	mm	mm	mm	mm	mm	mm	mm	Nos	mm	
2M15	120	150	70	100	650	118	135	90	130	80	150	120	5	12	50	75	95	300	170	8	35	2	55	
2M13	120	150	70	100	650	118	135	90	130	80	150	120	5	10	50	75	95	300	170	8	35	2	55	
3M15	150	180	70	100	650	118	135	125	165	115	190	120	5	12	50	100	95	300	190	8	60	2	80	
3M13	150	180	70	100	650	118	135	125	165	115	190	120	5	10	50	100	95	300	190	8	60	2	80	
4M15	210	220	70	100	700	118	135	160	200	150	230	120	6	12	50	125	120	350	200	12	80	2	100	
4M13	210	220	70	100	700	118	135	160	200	150	230	120	6	10	50	125	120	350	200	12	80	2	100	
5M15	250	260	70	100	700	118	135	195	235	185	260	120	6	14	50	135	120	350	240	12	90	2	110	
5M13	250	260	70	100	700	118	135	195	235	185	260	120	6	12	50	135	120	350	240	12	90	2	110	

Recommended values for Spiral & Bursting Reinforcement



Flat Coupler Side & Plan Views, Spiral Configuration

Rear View

Configuration of W Stirrups

LMK-FFC M15 (0.6") & M13 (0.5") - FIXED FLAT COUPLER

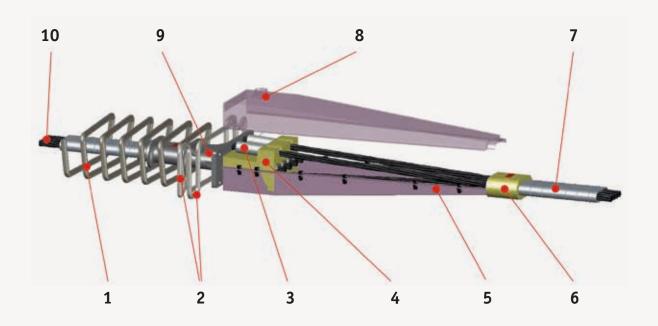


Fig.16 Fixed Flat Coupler Axonometric View

S/N	DESCRIPTION
1	SPIRAL
2	"W" STIRRUPS can be modified according to design requirements
3	SWAGES
4	COUPLING HEAD
5	PROTECTIVE COVER
6	COLLAR
7	FLAT DUCT Sheath dimensions can be modified according to design requirements
8	GROUT PORT
9	BEARING PLATE
10	STRANDS





Stressing

▶ Jacks & Clearance Requirements

The jacking apparatus is specially designed and manufactured in order to reduce the weight and volume for an easier handling and a practical use/operation. Pumps have a high-pressure capacity and flow rate so as to promptly respond when using jacks of high capacity and long piston stroke.

The bundle of strands passes through the jack, thus the applied force on each strand remains equal at the entire group of strands. Depending on the type of jack (front or rear locking/hollow), a variety of stressing heads/chairs and spacers (commonly known as stressing tools) is provided.

When the required load/elongation is reached, the pressure is released and the stressing force is transferred to the anchor head through wedges achieving the same wedge draw-in to all strands. The tensioning can be accomplished in more than one jack's setting, depending on the required elongation and jack's piston stroke capacity.

Upon need, tensioned strands can be detensioned and released one by one using a proper releasing apparatus and a mono-strand jack.



The swages in fixed & coupling type anchorages utilize the cold extrusion process, by griping the strand's end using special swage jack.

Each jack is connected through a system of high pressure hoses to a pump. The developed pressure is monitored during stressing by calibrated gauges.

Maintenance and repair of hydraulic equipment follows LMK strict and frequent inspection schedule routine.

Jacks Data Table

LMK stressing jacks combine a compact design, high fidelity and easy handling. The jacks are factory calibrated with force/pressure calibration certificates and graphs. Stressing pumps and jacks are delivered fully equipped with calibrated gauges, high pressure hoses, connectors and spare fittings.





















Stressing Jacks Data

Table 7

	100	manage (100 00	1		Service .	15 (1)	Internal	1	Overall	-11-2	AND DESCRIPTION OF THE PERSON	Required	-
	Front or	Nominal Stressing	30	ago:	40	lame		Nos. of	Nominal	Piston area	Back piston	Back	Sleeve	Stroke	Dimensions	Estimated	Required	Strand	Required
Jack Type	Rear	Force	in.	W.		1		strands	Pressure		area	pressure	Diameter		trx@0	Weight	BxC	Overlength	Total State of
	Locking	100000	Н	-	=			-				2015	- 01	(5)	(Odx1f)			Ar/Af	RxR
PRC1 - C (1)		KN	1.0	. 1	10	_	32	Nos	Mpa	m'	m²	Mga	mm	mm	mmamm	KI	mm×mm	mm	mm
ETS1.6/1	F	240	15,	-	-	15,7	V	1	46	0.2383x10*	**			195	(Ф98x645)	16	1380 x 79	735	158 × 158
YCD260Q-200	R	264	15.	iiin iin	4	15,7	4	1	48	5.105×10 1	1.355×10	<25	19	200	560×Ф115	23	1210 x 87	670	175 x 175
YCW60C	R	600	15,	-	-	15,7	4	2	52	1.154×10	0.408×10 ⁻⁷	<25	58	200	356×Ф168	40	902 x 114	546	228 × 228
L4.6/4	F	900	15,	-	*	15,7	1	4	58	1.5892×10 ⁻²	77	-		125	(Ф175x434)	55	998 x 117	564	235 x 235
YCW100C	R	992	15,	-		15,7	×	3-4	52	1.908×10	0.777×10°	<25	78	200	353×Ф216	65	896 x 138	_	276 x 276
YCW150C	8	1512	15,	-	٧.	15,7	1	5-6	50	3.024×10	1.610×10	<25	102	200	369×Ф280	110	930 x 170	-	340 x 340
YCW150C	R	1512	15,		4	15,7	×	7	50	3.024×10	1.610×10°	<25	102	200	369×Ф280	110	931 × 170	_	340 x 340
L7.6/7	F	1570	15,	and the	4	15,7	4	7	64	2.5239x10 *	770	- 17	1997	125	(Ф220x447)	80	1027 x 140	580	280 x 280
YCW200C	R	1960	15	-	1	15,7	8	7-8	52	3.769×10	1.845×10°	<25	118	200	372×Ф310	140	979 x 185	607	370 x 370
YCW200C	R	1960	15,	-	1	15,7	×	9	52	3.769×10	1.845×10 ⁻²	<25	118	200	372×Ф310	140	979 x 185	607	370 × 370
YCW250C	R	2480	15	2	1	15,7	1	9-11	54	4.594×10	2.804×10 ⁻²	<25	140	200	371×Ф345	165	982 x 202	611	405 x 405
L12.6/12	F	2700	15	2	1	15,7	Y	12	63.5	4.3749×10	24	42	1441	125	(Ф285×468)	180	1076 × 172	608	345 x 345
YCW300C	R	2990	15.	2	1	15,7	6	12-13	54	5.537×10 ⁻⁷	3.024×10 ⁻²	<25	140	200	375×Ф370	200	1013 × 215	638	430 x 430
YCW300C	R	2990	15	2	1	15,7	×	14	54	5.537×10 ⁻⁷	3.024×10 ⁻²	<25	140	200	375×Ф370	200	1015 ± 215	640	430 x 430
L15.6/15	F	3400	15	2	1	15,7	4	15	63.5	5.4902×10 ⁻²	**	-		125	(Ф320x497)	200	1142 x 190	645	380 x 380
YCW350C	R	3460	15	2	1.	15,7	4	14	51	.6.785×10 1	4.311×10°	<25	165	200	389×Ф416	235	1043 x 238	654	476 x 476
YCW350C	8	3460	15,	2	0	15,7	1	15	51	6.785×10 ⁻⁷	4.311×10 ⁻²	<25	165	200	389×Ф416	235	1046 x 238	657	476 x 476
YCW350C	R	3460	15	2	€.	15,7	×	16	51	6.785×10 ⁻²	4.311×10 ⁻²	<25	165	200	389×Ф416	235	1048 x 238	659	476 x 476
YCW400C	R	3957	15.	2	1	15,7	V.	16	52	7.917×10"	4.595×10 ⁻⁷	<25	175	200	389×Ф435	277	1048 × 247	659	495 x 495
YCW400C	R	3957	15.	2	1	15,7	1	17	52	7.917×10	4.595×10°	<25	175	200	389×Ф435	277	1051 x 247	662	495 x 495
YCW400C	R	3957	15,	2	0	15,7	×	18	52	7.917×10 ³	4.595×10 ³	<25	175	200	389×Ф435	277	1053 x 247	664	495 x 495
L19.6/19	F	4300	15.	2	1	15,7	4	19	63.5	7.0720x10 ⁻²	**		-	125	(Ф360x490)	255	1135 × 210	645	420 × 420
YCW450C	R	4428	15	2	1	15,7	1	18-19	54	8.199×10 ⁻²	5.183×10 ⁻²	<25	175	200	389×Ф450	300	1063 x 255	674	510 × 510
YCW450C	R	4428	15	-	1	15,7	×	20	54	8.199×10 ⁷	5.183×10 ⁻²	<25	175	200	389×Ф450	300	1068 x 255	679	510 x 510
YCW450C	R	4428	15	_	1	15,7	×	21	54	8.199×10-1	5.183×10 ⁻²	<25	175	200	389×Ф450	300	1068 × 255	679	510 × 510
YCW500C	R	4926	15	-	1	15,7	1	20-21	49	10.053×10 ⁻²	4.775×10 ⁻²	<25	196	200	430×Ф495	430	1150 x 277	720	555 x 555
YCW500C	R	4925	15.	-	1	15,7	1	22	49	10.053×10 ⁻¹	4.775×10 ⁻²	<25	196	200	430×Ф495	430	1150 × 277	720	555 x 555
YCW500C	R	4926	15	-	7	15,7	×	23	49	10.053×10 ²	4.775×10 ⁻²	<25	196	200	430×Φ495	430	1152 × 277	722	555 × 555
L22.6/22	F	5000	15.	-	7	15,7	1	22	63.5	7.9171x10 ⁻²	4.772-30			125	(Ф385x525)	320	1210 × 222	685	445 x 445
YCW600C	R	5929	15.	-	1	15,7	V	23	49	12.1×10 ⁻¹	6.825×10 ⁻²	<25	196	200	430×Φ525	480	1172 × 292	742	585 x 585
YCW600C	R	5929	15.	-	5	15.7	1	24-25-26	49	12.1×10	6.825×10 ⁻²	<25	196	200	430×Φ525	480	1175 x 292	745	585 x 585
YCW600C	R	5929	15.	-	1	15,7	×	27-28	49	12.1×10	6.825×10 ⁻²	<25	196	200	430×Ф525	480	1178 × 292	748	585 x 585
YCW650C	R	6590	15.	-	7	15,7	v	27-28-29	50	12.78×10 ⁻²	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	<25	220	200	450×Ф570	650	1218 × 315	768	630 x 630
YCW650C	R	6590	15.	-	7	15,7	×	30-31	50		6.754×10°	<25	220	200	450×Ф570	650	1220 x 315	770	630 x 630
L31.6/31	F	6950	15	-	2	15,7	2	31	63.5	12.78×10	6.754×10 ⁻⁶	++	220	125	(Ф455x552)	480	1274 × 257	722	515 x 515
-	R	-	15.	-	1	15,7	7		-	11.1872×10	**************************************	<25		-	-		-		and the latest designation of the latest des
YCW700C		6975	-	-		de management	<	30-31	50	13.95×10	7.516×10 ⁻²	-	220	200	450×Ф580	660	1220 x 320	-	640 × 640
YCW700C	R	6975	15,	-	*	15,7	*	32-33	50	13.95×10	7.516×10*	<25	220	200	450×Ф580	660	1225 x 320		640 x 640
ACM800C	R	8150	15,	-	4	15,7	*	32-33	50	15.83×10	9.04×10*	<25	250	200	510×Ф650	930	1345 x 355	835	710 × 710
YCW800C	R	8150	15	-	"	15,7	×	34-35	50	15.83×10	9.04*10*	<25	250	200	510×Ф650	930	1350 x 355		710 x 710
YCW800C	R	8150	15,	-	4	15,7	×	36-37	50	15.83×10 ⁻⁶	9.04×10*	<25	250	200	510×Φ650	930	1350 x 355	840	710 × 710
YCW900C	R	9190	15	21	1	15,7	1	36-37	50	18.38×10	9.04×10 ⁻²	<25	280	200	510xΦ690	980	1350 x 375	840	750 x 750

Swage Jack	Extrusion Force	Interval Sleeve	Overall Dimensions	Extrusion Stroke		
I strand	KN	Ot .	Lx OD	mar		
CYIC	503	30	565 x 150	150		

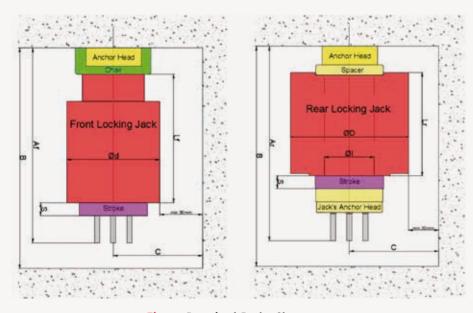
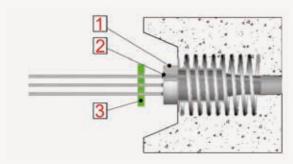


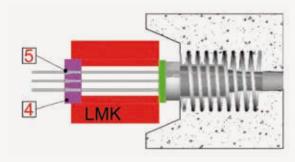
Fig.17 Required Jacks Clearance

Typical Tensioning Procedure

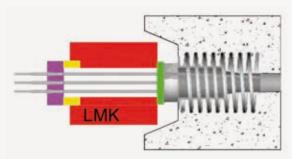
▶ Rear Locking Jack



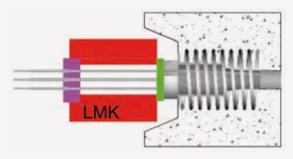
Step 1 - Positioning of anchor head (1), wedges (2) and spacer (3)



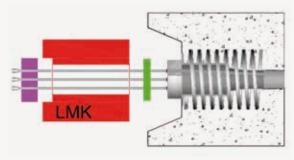
Step 2 - Positioning of jack and rear stressing head (4) with jack wedges (5)



Step 3 - Stressing in one or multiple phases

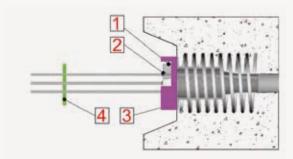


Step 4 - Release of tension and locking of wedges

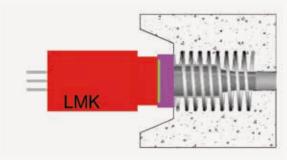


Step 5 - Removal of jack and stressing tools

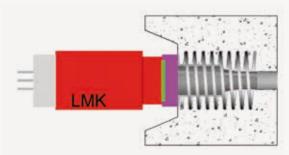
▶ Front Locking Jack



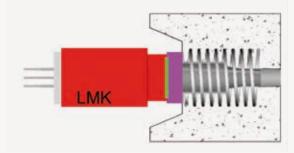
Step 1 - Positioning of anchor head (1), wedges (2), chair (3) & spacer (4)



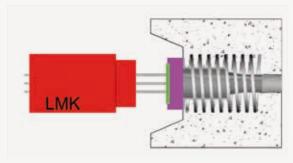
Step 2 - Positioning of jack



Step 3 - Stressing in one or multiple phases



Step 4 - Release of tension and locking of wedges



Step 5 - Removal of jack and stressing tools

Grouting

Procedure

Grout ensures the corrosion protection of the strands, providing the necessary bond between the strands and the structure as well. The quality of the produced grout should comply with Int'l standards and specifications (EN & ASTM). The grout is a mixture of cement and water and may contain admixtures such as expanding additives and water reducer/plasticizers. The grout shall be free from chlorides, nitrates or other chemicals which cause steel corrosion and its strength should not be less than the required by the Design strength.

Tendons are grouted immediately but not earlier than 12 hours after stressing.

The permissible recommended intervals between strand installation and grouting, without use of corrosion inhibitor (water soluble oil) in ducts or directly applied to the strand, depending on exposure conditions, are:

- Very damp environment: (humidity > 70%) - 7 days
- Moderate environment: (humidity from 40% up to 70%) - 15 days
- Very dry environment: (Humidity < 40%) - 20 days







In order to avoid humidity concentration (water penetration and condensation) in tendons, the intervals between threading of strands and grouting should not exceed 12 weeks, considering 4 weeks out of 12 without concreting (placement on formwork) and up to 2 weeks in case of tendons under tension.

Tendons are grouted immediately after sealing of the recess in the anchorage area with concrete or grouting caps. The grout should flow from the lowest to the highest elevation of tendons geometry. Grout must be allowed to flow out from the outlets till there are no signs of trapped air.

Prior of grouting, it is recommended to check the tendons for possible blockage using compressed air. When fixed couplers are used, the grouting of the previous tendon section precedes the tensioning of the next adjacent section.

The grouted tendon must remain under pressure of no more than 3-5 bars for at least one minute, having all venting ports closed in order to verify the tightness of the system. The grouting / venting valves assure the proper accomplishment of the procedure.

▶ Formula

The water to cement ratio (w/c) should be as low as possible, providing a grout with low bleeding and volume change having at the same time adequate fluidity, allowing tendon's proper filling. Grout temperature must be kept between 10 to 25 °C, and fluidity has to be within 14~19 sec.

Testing for fluidity is carried out at site using a fluidity cone. If the value is out of range, the batch should not be used and a new w/c ratio must be defined so as to obtain a satisfactory fluidity.

The grout quantity is defined as lit/m and can be given by the formula:

Water is batched through high-accuracy weighting devices in order to assure the stability of the produced grout. Usually, with 36-38 lit of water and 100 kg of cement, 72-74 lit of grout can be produced.

In case of vacum grouting, the use of a vacum grouting pump is required.

Grease, gel and wax can also be used as tendons filling material for un-bonded applications.

Round ducts
$$\frac{\pi * \left(\frac{\Phi_i^2}{2}\right) - A * n}{1000}$$

Flat ducts $\frac{\pi * r_1 * r_2 - A * n}{1000}$

 Φ_{i} (mm) = inner diameter of sheath A (mm2) = one strand nominal area n = number of strands per tendon r_{1} & r_{2} (mm) = internal radius of flat sheath

















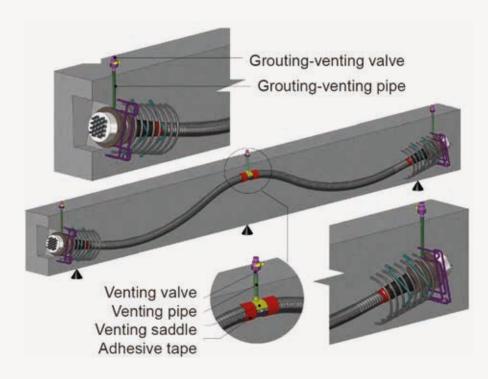


Fig. 18 Typical Grouting Ancillaries Configuration

▶ Grouting Equipment

The grouting equipment is consisted of a highspeed mixer, an agitator, a grout-pump and a power unit, capable of continuous mechanical mixing which produces a grout free of lumps and undispersed cement. The pump shall have seals adequate to prevent penetration of oil, air and other foreign substances into the grout and to prevent loss of grout or water.

The mixer shall be kept partially filled with grout at all times during the pumping operation, so as to prevent air from infiltrating the system. Under normal conditions, the grouting equipment shall be capable of continuously grouting the longest tendon on the structure in no more than 20 minutes.

















Design Requirements

▶ Tendon Force Losses

The effective stressing force differs from the initial stressing force (prior of seating as commonly known) for various reasons. The main reasons are:

▶ Short Term - Initial losses

- Friction losses (wobble and curvature effects)
- Concrete elastic deformation
- Anchor set / wedges drawn-in

▶ Long Term - Time dependent losses

- Creep & shrinkage of concrete
- Strand relaxation

After the wedges are finally locked, they slightly recede into the anchor head causing a loss of tension. This tension loss should be taken into account to the calculations, especially in short length tendons (< 15 m) and can be completely or partially compensated with over-stressing. The wedge draw-in is 4 mm with maximum value 6 mm.

Reference in Int'l standards and technical literature foresees the calculation of losses due

to creep & shrinkage and elastic shortening of concrete, especially in cases where tendons are not stressed simultaneously in a section.

The relaxation of the strands depends primarily on the type of steel (class of relaxation), the magnitude of the pre-stress and the temperature. For low relaxation class, the maximum losses are about 2,5% after 1000 h @ 20 °C and an initial stress of about 70% of the nominal tensile strength. Further information can be obtained from strand steel Int'l literature.

▶ Stressing Losses at Seating

Stressing losses occur when the load is transferred from the jack to the anchorage, as a result of a shortening of the tendon due to wedges drawn-in, anchor head setting and strand slippage. This loss due to wedge drawn-in affects only a certain length (d) of the tendon (see below graphs).

In case of short tendons (< 15 m), the wedge drawn-in effect dominates over the stressing losses.

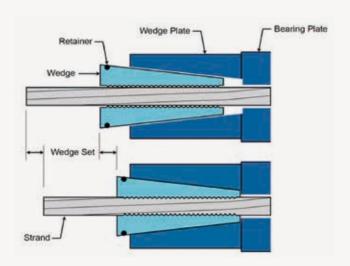
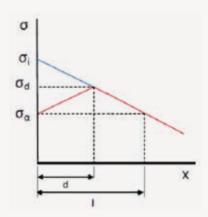


Fig.19 Wedge drawn-in mechanism

D Basic Formulas



Where:

$$d = \sqrt{\frac{r*E*l}{\sigma_i - \sigma_l}} \text{ , } \sigma_a = \sigma_i - \frac{2*r*E}{d} \text{ , } \sigma_d = \frac{\sigma_i + \sigma_a}{2}$$

r = wedge drawn-in

l = tendon's length where the tension is known

 σ_{l} = tension at distance l from the anchorage

 σ_i = tension at jack

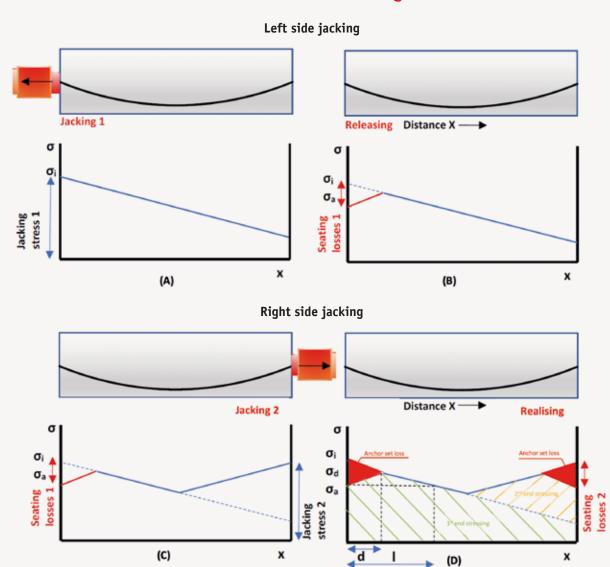
E = strand's modulus of elasticity (theoretical value 195-197 GPa)

d = the affected tendon length due to wedge drawn-in

 σ_a = tension after wedge drawn-in

 $\boldsymbol{\sigma}_{\!\scriptscriptstyle d}\!=\!$ tension at a distance d from the anchorage

Schematic View of Stressing Losses



D Basic Equations

The tension σ in a distance X is given by the formula:

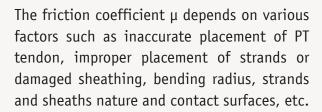
$$\sigma_x = \sigma_i * e^{-(\mu * \alpha + k * x)}$$

(LRFD equation)

or

$$\sigma_x = \sigma_i * e^{-\mu(\alpha + \kappa * x)}$$

(EN-1992-1-1 equation)





 σ_i = tension at the anchorage

x = cable length from the anchorage to X (ft or m)

 α = the total angle of the deviation (rad) between the anchorage and X

 μ = friction coefficient between strand and sheath (rad⁻¹)

 $k = \mu^* \kappa$ =coefficient of unintentional angular deviation wobble

The wobble coefficient is related to sloppy placement or excessive tendon deviations, stiffness of ducts, distances between tendons supports, vibrations during concreting, etc.

Table 8 Recommended values of μ , κ & k

TYPE of TENDON & DUCT	μ	K (EN)	k (AASHTO)
	rad ⁻¹	rad/m	m ⁻¹ (x 10 ⁻³)
Internal tendons-Steel corrugated ducts	0.17-0.20	i.e	0.85-2.0
Internal tendons-Plastic ducts	0.10-0.14	0.005-0.01	0.5-1.4
External tendons-Steel deviators	0.16-0.24		0.8-2.4
External tendons-Plastic deviators	0.10-0.14		0.5-1.4
Unbonded greased and coated	0.04-0.06	0.009-0.01	0.36-0.6

The following values may be assumed for design:

Table 9 AASHTO LRFD

TYPE of TENDON & DUCT	μ	k (AASHTO)		
	rad ⁻¹	ft ⁻¹		
Internal tendons-Steel corrugated ducts	0.15-0.25	0.0002		
Internal tendons-Plastic ducts	0.23	0.0002		
External tendons-Steel deviators	0.25	0.0002		

The tendons' elongation is given by the formula:

$$\Delta_X = \int\limits_0^x \frac{\sigma_x}{E} * d_x$$

where:

E = strands modulus of elasticity

Table 10 EN-1992-1-1

TYPE of TENDON & DUCT	μ non-lubricated	μ lubricated	K (EN)	
	rad ⁻¹	rad ⁻¹	rad/m	
Internal tendons-Steel corrugated ducts	0.19			
External tendons-Steel deviators	0.24	0.16	0.005-0.01	
External tendons-Plastic deviators	0.12	0.10	- N TO SERVICE CONT.	



LMK Solutions

▶ Breakthrough in PT Technology

LMK anchorages have successfully passed many efficiency tests proving the quality and adequacy in line with Int'l specifications & standards (EN-ETAG-EAD, AASHTO LRFD).

The **LMK** Post Tensioning system can provide full engineering services and support, including preliminary and final designs, supply of materials, equipment/machinery, installation, training, supervision, stressing, grouting, planning and management services and customized solutions for all types of structures.

This brochure contains selectively the most characteristic topics related to PT technology and general information for design and construction.

Depending on project's requirements data can be modified accordingly.

Contact **LMK** technical department for further details or stay tuned via our social media and blog website.













